

SAD 44 and Andover school bus schedules

> Pages 7 & 8

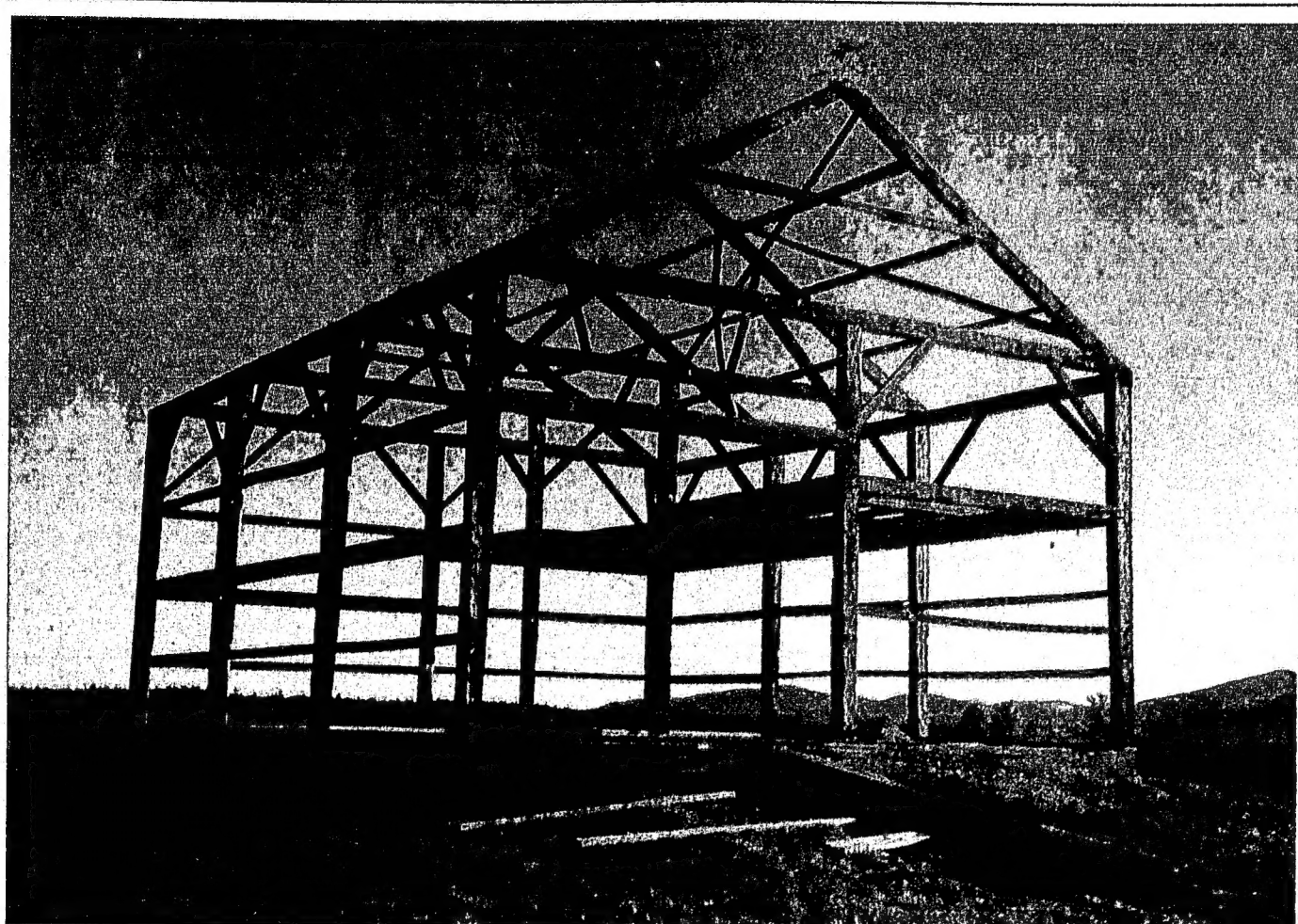
The Bethel Citizen

Vol. CXX - No. 34

Thursday, August 20, 2015

90¢ a Copy

Serving Bethel and neighboring communities in the mountains of western Maine



This Lovell barn is being reconstructed with timbers from an old barn that stood in West Bethel. Submitted photo

Old Bethel barn rises again in Lovell

BY ALISON ALOISIO

Once at the point of collapse, a 200-year old barn originally located in West Bethel stands once again in Lovell.

The circa 1810 barn has been disassembled, repaired and resurrected this summer by J. Scott Campbell of Maine Mountain Post & Beam.

Campbell is married to Marlies Ouwinga, daughter of Marvin and Tineke Ouwinga of Bethel.

A classic example of a gable entry New England barn, the barn was in very poor condition, said Campbell, when he was contacted by the owner. The post and beam frame had been built with mortise and tenon joinery.

"The roof had started to blow off," said Campbell. "It needed a lot of work."

He said the barn was located on the Barker Road. "It was originally a carriage barn attached to the house," he said, and may have been part of one of the original Barker farms.

He dismantled it in June in order to bring it to his shop in Fryeburg.

The process began in Bethel with all exterior siding, roofing and sheathing carefully taken off to expose the frame, Campbell said. It was documented with scaled drawings, labeled and prepared for disassembly. After all the wooden pegs holding the joinery together were driven out, the frame was taken apart piece by piece in the reverse order of its original assembly.

See BARN, Page 3

BFHC evolves from urgent to multi-faceted care center

BY ALISON ALOISIO

When Dr. Richard DeCarolis started working at the Bethel Family Health Center more than 20 years ago, the center mainly provided urgent care for people with bumps and bruises.

"We were seeing people for broken wrists, twisted ankles," he said. "Most of them got their regular care in Norway."

There was a regular turnover among providers at that time, said DeCarolis, with Physician's Assistant Jan Whitworth the only stable presence.

He remembers asking some patients if they would consider becoming regular patients in Bethel, and they would answer, "I'll just get used to you and you will leave."

DeCarolis, along with Dr. Kevin Finley, who came to Bethel at the same time, proved those patients wrong. The two doctors are now fixtures at BFHC, and have been part of many changes that have taken place.

DeCarolis said much of the



Catherine Chamberlin and Kristen Waitt. Submitted photo

urgent care in the earlier years stemmed from ski injuries at Sunday River Ski Resort. But then the skiway established its own clinic to treat many of those injuries.

While that took some business away, he said, it also allowed BFHC to focus more on regular medical care.

"We became a more stable practice that way," DeCarolis said.

In 1999 the health center became part of the state-wide HealthReach Community Health Centers organization. BFHC now serves nearly 4,000 people from more than 25 towns, and in 2014 those people made more than 13,000 visits, according to information provided by HealthReach.

BFHC is a Federally Qualified Health Center, and therefore serves all members of the community, regardless of age, medical condition, or ability to pay, according to HealthReach. More than 370 patients take part in the Affordable Care program, which allows low income patients to receive services at discounted prices. They may also qualify for assistance with paying for needed medications, and last year 62 patients received free prescriptions for a savings of \$252,000.

The health center has also expanded its services to address behavioral health and substance abuse needs, and offers dental hygiene services for children two days a month. A social worker also provides help to patients to solve problems with medical expenses, obtaining medications, food, housing and transportation, as well as connect them to legal, elderly, behavioral health, disability and employment services. Telepsychiatry and care

See CENTER, Page 4

Woodstock gets \$80,000 road grant

BY ALISON ALOISIO

Town Manager Vern Maxfield announced Tuesday that Woodstock has been approved for an \$80,000 road grant from the Maine Department of Environmental Protection for culvert replacement on the Concord Pond Road.

The town currently has two, two-foot-diameter side-by-side culverts on the road that are not big enough, Maxfield said. They wash out in heavy rainstorms. The new culvert would be a 5-foot by 14-foot box culvert, 30 feet long, he said.

Maxfield said the Woodstock project was fourth-ranked on the list of those chosen, garnering 68 of a possible 100 points. Maxfield said the grant does not require that the work be done this year, but if the town receives the funds soon enough

it might be able to do it this season.

In other business at Tuesday's selectmen's meeting, selectmen turned down a request from a resident to reconfigure the southern end of Rocky Road so that it meets Route 26 at a 90 degree angle. Selectman Mike Nadeau said there is good visibility there in both directions now.

Selectman Ron Deegan, who is also the transportation director for SAD 44, said he prefers the current configuration because school buses can easily turn around there. Fire Chief Kyle Hopps said he felt the same way regarding the town's fire trucks.

Nadeau suggested that in future budget years the town consider making the end of the road a "Y."

Selectmen also rejected a bid from Sunday River Re-

See GRANT, Page 3

Blanco reads poem in Cuba

(AP) Poet Richard Blanco of Bethel said he hopes the poem he read Friday at the reopened U.S. embassy in Havana, Cuba will serve as a catalyst to an emotional reconciliation.

The poem, titled "Matters of the Sea," or "Cosas del Mar," refers to the 90 miles of water between Cuba and the U.S. that serves both to separate and unite people.

Blanco, who was President Obama's inaugural poet in 2013, said it was one of the most emotional poems he's written.

The poem begins, "The sea doesn't matter. What matters is this — that we all belong to the sea between us."

"Matters of the Sea is one of the most emotionally complex and personal poems I've ever written, invested with all my love for the people of two countries that are part of my very being," said Blanco just before the event, according to a press release. "As with the presidential in-

See BLANCO, Page 5

Wild edible plants are all around

BY AMY WIGHT CHAPMAN

"Ever eat a pine tree?" asked wild foods proponent Euell Gibbons in a memorable 1970s television commercial for Grape Nuts. "Many parts are edible."

Although the tasting menu at environmentalist and wild foods enthusiast Russ Cohen's recent talk at the Albany Town House didn't feature pine trees, it did include samples of several foods prepared with wild plants foraged in New England.

The presentation by the author of Wild Plants I Have Known ... and Eaten (Essex County Greenbelt Association, 2004), was part of the Mahoosuc Land Trust's 2015 speaker series, "This Is Your Backyard."

About 40 people attended the talk at the historic building, built in 1848 to serve as the municipal center of the then-bustling town of Albany and recently renovated,

thanks to the efforts of the Albany Improvement Association.

"Foraging is a great way to enrich the time I spend in the outdoors," Cohen said, estimating that he picks and eats between 70 and 80 varieties of edible wild plants to supplement his diet.

"Just seeing them along the trail is like seeing old friends."

From fiddleheads, the furled fronds of the ostrich fern that many local foragers seek out in early spring, to the berry clusters of staghorn sumac, which can be used make a lemonade-like drink, edible wild plants are all around us, according to Cohen.

Forage responsibly
Although he encourages others to learn about and practice foraging, his advice comes with an important caveat: the harvesting of wild plants must always be done responsibly.

Overharvesting, he

warned, could ultimately lead to severe ecological destruction.

The popularity of certain wild edibles, most notably ramps, or wild leeks, and their resulting commercial value "is driving unsustainable foraging behavior," Cohen said, and leading to what he called "a gold rush mentality."

"My whole approach to foraging is non-mercenary in nature," he said. "I encourage a no-dig harvest of ramps. You don't have to dig up the

plant to eat it. Instead, take just one leaf per plant."

Milkweed is another wild edible that should never be harvested commercially, Cohen said, because of its essential role in the life cycle of the monarch butterfly, a species in decline.

"I spread milkweed seeds in the fall to try to establish new colonies," he said.

Edible invasives
On the other hand, many edible plants can be found

See EDIBLE, Page 3

Happy Hour - \$2 drafts & ½ price appetizers Every day from 4pm - 6pm

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Mark your calendars, Sept. 6th... The Sammy Chapman Golf Classic & Music Fest

The Bethel Citizen

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PUBLIC SUPPER
West Bethel Union Church
Saturday, August 22
5:30-6:30pm
Adults \$8 • Children Under 12 \$3

Letters

NOT ANOTHER DISNEYLAND

To the Editor:
Imagine for a few moments that you had found a home that you enjoyed, and it was on a pristine lake in Maine, and you were very happy there. Now imagine that your house was somehow lifted up and taken away like in the Wizard of Oz, and it landed in the center field of Daytona or Indianapolis or Loudon racetrack during the stock car races, or next to an airport runway with jets leaving and arriving in rapid succession. Well, short of the flying houses, that is exactly what the residents, homeowners, and taxpayers on Lake Christopher had to suddenly contend with recently when a jet boat spent the entire afternoon and into the evening hours roaring up and down the lake for no other reason than to give rides, turning the lake into a virtual three-ring circus of roaring hell, and harassing everyone within a mile of the lake.

Even though jet boats have been prohibited on Woodstock lakes for years, this airplane engine propelled, flat-bottomed, marginally seaworthy craft showed up on the lake without notice or permits, and ran non-stop for hour after hour, making any enjoyment of the lake or the lakefront virtually impossible.

It is time for the 4-H camp to show some simple courtesy and respect to the neighbors and residents of the lake and curtail events that impose this level of harassment to not only the lakeside residents, but those around the lake in every direction. It is completely unreasonable for any one entity turn the lake into a three-ring circus. Lake Christopher is not meant to be another Disneyland.

Janice Kendrick

Lake Christopher resident, Woodstock

FAIR TAX DISTRIBUTION?

To the Editor:

The following is a per-pupil comparison and total cost per town for the MSAD 44 school budget:

Bethel, 336 students, \$8,375 per student total = \$2,814,000
Greenwood, 80 students, \$11,848 per student total = \$1,019,000
Woodstock, 151 students, \$7,079 per student total = \$1,069,000
Newry 25 students, \$117,240 per student total = \$2,931,000
As Newry residents we have recently received our tax bills we can see that our cost to the SAD 44 is nearly 70 percent of the town's total yearly budget. Have the liberals convinced you that this is fair? They have not convinced me!

Gary Drown

Newry

TRIBUTE TO ROY DAY

To the Editor:

I wanted to comment on the excellent article about Roy Day written by Amy Chapman. I have known Roy for 30 years. Roy was my first friend when I came here. In those days I first met him as he was using a scythe to clear his meticulously kept fields and woodland on Moody Mountain. I remember being struck by the peace of being in the presence of a man who cared so deeply for his land.

Whenever I walked up the mountain through the woods and partially overgrown field behind me I would look forward to meeting him and learning something new about this area. He showed me old foundations and taught me so much about the history of Woodstock. The first time I visited his home, Lois took me upstairs and showed me Roy's extensive library as she exclaimed proudly, "he has read every book in this room!"

These days whenever I visit him he is always reading and has a stack of books and magazines nearby. A man of deep humility and reticence, he would never identify himself the scholar and historian I know him to be. I am still hoping that one of these days he will allow me to gather some of his stories and publish them in a book.

Sara Wright

Woodstock

FOOTBALL BOOSTERS NEED APPLIANCES

To the Editor:

We would like to thank all community members who continue to drop off bottles and cans in our two drop off bins at the Mallard Mart and Black Diamond Restaurant. We sincerely appreciate your support. The Telstar Football Boosters are working to supply our new snack shack with kitchen appliances. We are in need of a full size refrigerator/freezer, commercial grill and deep fryer. We would greatly appreciate any donations of those appliances or money to help us purchase new or second hand items. For more information, contact Doug Wilson, Telstar Football Boosters President at 824-2417. Money donations can be sent to Telstar High School, attention Football Boosters, 284 Walkers Mills Road, Bethel, Maine 04217. Once again, thank you! Our first home game is scheduled for Sept. 19 at 1:30. We hope to see you there in support of our football players!

Telstar Football Boosters

Bethel

The Bethel Citizen

PO Box 109 • Bethel, ME 04217 • 207-824-2444

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Periodical class postage paid at Bethel, ME 04217 and additional entry offices by The Bethel Citizen, a division of Sun Media Group. (USPS 416-380) (ISSN 1095-5968). Published Thursdays at Bethel, ME 04217. Post Master send address changes to: The Bethel Citizen, PO Box 109, Bethel, ME 04217-0109.

The Bethel Citizen is the weekly newspaper serving central Oxford County Maine. Subscriptions: \$39.99 for 57 weeks in Oxford County; \$46.74 elsewhere in New England; \$50.73 a year elsewhere in the U.S. (Foreign postage if necessary, extra). Single copies 90¢, copies more than 3 months old, one dollar each.

Deadline for town, club and organizational news items is Monday at 4 p.m. **Advertising deadlines:** Real Estate and half page ads or larger: Friday, Noon. Display and Classified ads: Monday at 4 p.m.

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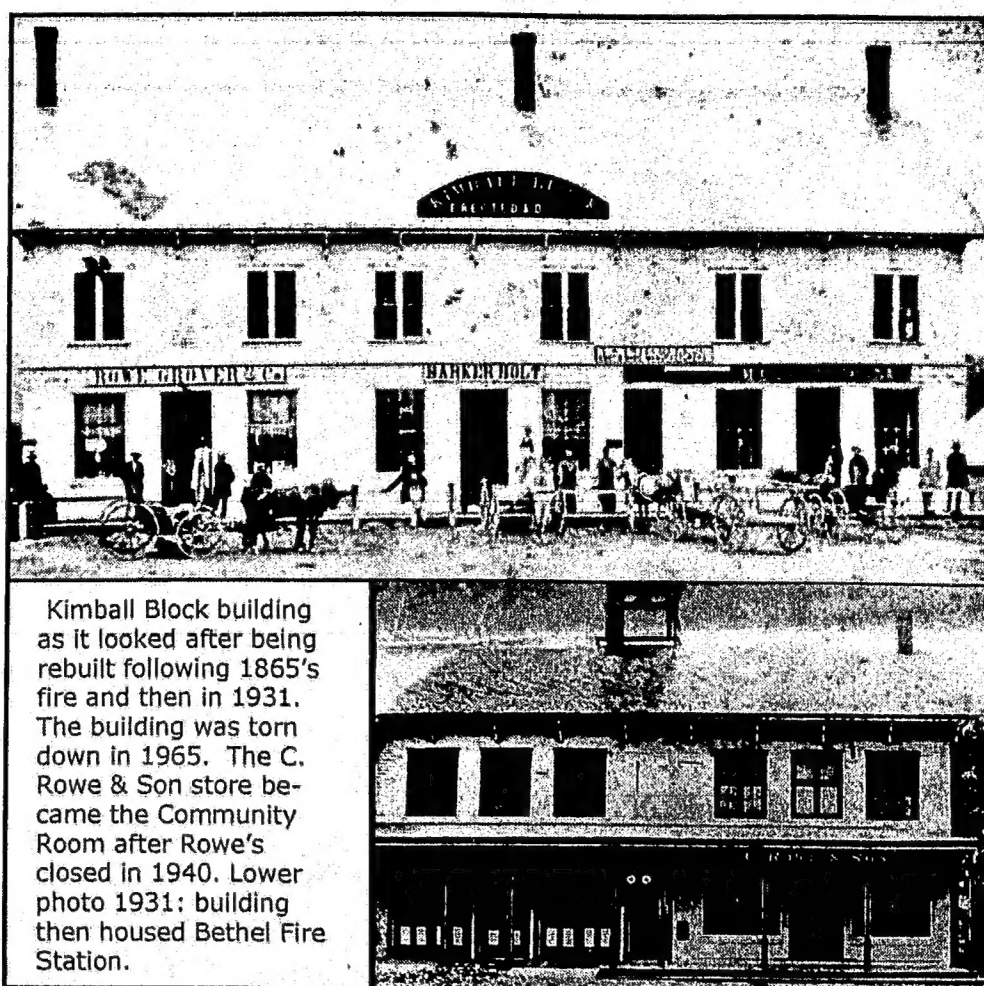
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The Bethel Journals

Kimball Park and Ira Kimball



Kimball Block building as it looked after being rebuilt following 1865's fire and then in 1931. The building was torn down in 1965. The C. Rowe & Son store became the Community Room after Rowe's closed in 1940. Lower photo 1931: building then housed Bethel Fire Station.

BY DONALD J. BENNETT

The lead off event in 1853 which gave birth to Kimball Park was the formation of a Bethel Universalist Society and the raising of the Universalist Church (now the Nazarene Church). Bethel's 1858 map shows the "first loop" of what is now Park Street.

About 1850 Ira Kimball had purchased property and buildings located at the north end of the Common which extended to the lot of the new church. In 1859 a second Universalist group of 43 members formed and it included Ira Kimball. By then (1857) Kimball had built a house behind the new church; it was known as the Kimball House (but the Kimballs did not actually live there).

Kimball built two more houses in 1861. Today we would call them "spec houses" - one on the south and one on the north side of the "new" loop - today's Kimball Park.

The two Kimball built homes were taken by Albert and William Gerish. In 1854, the Gerishes had built a steam operated saw mill on the Sanborn Farm (near the later Skillings mill site). They did not stay in Bethel long and moved to Berlin, NH.

Building and dates go like this: starting at the church and going clockwise, 1. Ira Kimball 1857; 2. Daniel Twitchell, 1857; then into the new loop; 3. Ira Kimball, 1861; 4. John Phillips about 1867; 5. Asa Knight, 1865; 6. William Hastings, 1890; 7. William Hastings, 1890; 8. Ira Kimball, 1861; 9. Pat McCloskey, 1861; 10. (the house on the corner of the first loop), John Rowe circa 1860 - in 1958 Gould Academy sold this house to Paul and Jean Kailey.

Kimball Park could be called the town's first subdivision and it is the only one in Bethel with its own park. It is also a residential area without a stream of through traffic. Ira Kimball was responsible for three of the original houses.

There is a photograph of a large crowd celebrating the 1881 centennial of the 1781 Indian Raid in the Park. T's a long list of familiar names that have lived in the Park: The Dr. Greenleaf family, Ed Lyon, Hank Rolfe, Harry and Barbara Kuzyk, Faye and George Taylor, the Ceylon Rowe family and descendants including Rosalind Rowe Chapman (Mrs. Chapman compiled the Bethel Historical Society paper, Park Street, published in the 1982 Bethel Courier) and my classmate Margery Rowe. Many remember the Elgin Tibbetts family and the Tibbetts boarding house. For many years the Dana Brooks family owned the second house Ira Kimball built.

Ira Kimball was born in Bridgton on January 29, 1816. Ira was the young-

est of eight children all of whom were born in Bridgton. In 1824, Israel Kimball bought land in the Middle Intervale and the family moved to Bethel. Kimball married twice; his first wife died at the time of their fourth child's birth. A year later he married the granddaughter of Rev. Eliphaz Chapman (who had come up with Bethel as the town's name).

1835: Ezra Russell, whose wife was Phebe Kimball - Ira's older sister - acquired land on the west side of the Common. Mr. Russell was noted as a trader and real estate dealer at Bethel Hill; therefore it is likely that Ira Kimball got his apprenticeship in store keeping and real estate dealing in brother-in-law Russell's employ.

Ira Kimball's home was built by Edmund Merrill Sr. located just near the North West corner of the Common; it burned in the April 1865 fire that swept the north side of the Common but the Kimballs had moved to their new home which we know as the Chapman Inn; Kimball had bought the buildings and land about 1850, rebuilding the house and store into the house we see today. By 1858 Kimball owned or operated five properties in the village.

Politics: Ira Kimball was town clerk for 1844 and 1845; during 1854 - 1857, Kimball "aided in the organization of the Republican party in Bethel and Oxford County"; in 1856 and 1857 he was elected to the state legislature as the first Republican from Bethel to be so elected". (1856, Hannibal Hamlin was elected Governor of Maine after joining the new Republican Party; until then he had been a staunch Maine Democrat.)

1865 The Big Fire: Buildings on the west side of the Common were lost in an April fire. These included the first Bethel House, at the time of the fire called the Chandler Hotel, the Kimball and Twitchell store block and the home of Winslow Heywood (his house had been Kimball's). Soon after the fire, Ira Kimball had a new store building going up on generally the same site as the one just destroyed. Although modified over the years, it lasted until torn down by the town in 1965 to allow building a new fire station.

Soon after the new building was up, Ira Kimball left Bethel "for the south" trying to cure himself of some unidentified disease (possibly TB) but he died February 5, 1866 at age 50. He is buried at Woodland cemetery.

Sources: *The History of Bethel, Maine by William B. Lapham and Park Street by Rosalind Rowe Russell, Spring 1982, The Bethel Courier published by the Bethel Historical Society. Photos: Bethel Historical Society and Bethel Journals.*

Notes from the Gilead selectmen's meeting

Aug. 12, 2015

The Board of Selectmen met at 6 p.m. at the Town Office on Aug. 12. Officers present were: The three Selectmen-Jeremy Morin, Steve McLain, Alfred Leighton; Town Clerk/Treasurer/Registrar of Voters, Linsley Chapman; Tax Collector/Admin. Asst. Judy Perrille. Also present were Fire Chief Randal Grondin and Asst. Chief Fabian Corriveau. Treasurer Warrants were reviewed. July Wrap-Up Warrant 7A: Vote: Moved and seconded to accept. All three selectmen voted in favor. August Warrant 8: One item was removed for further review. Vote: Moved and seconded to approve payment of the bills listed with the exception of one

item that was to be removed (\$5,580.00-snowmobile money, not submitted with requested documents). All three selectmen voted in favor.

Discussion Regarding: Release funds for used fire truck. Result: After a review of available funds, the selectmen decided to release the approved amount so members of the fire department could obtain the truck. Vote: Moved and seconded to authorize the Treasurer to write a check for \$21,000 (requested purchase price) and to place on the August Wrap-Up Warrant 8A. All three selectmen voted in favor.

Discussion Regarding: 2015 Real Estate Taxes. Result: Selectmen received word from John E. O'Donnell As-

soc. that information for the 2015 tax commitment had been completed. After reviewing the material the selectmen decided to go with the middle tax rate for this year's taxes as suggested by O'Donnell Assoc. A lower rate would result in no overlay and a higher rate was deemed to be unnecessary. Tax bills will be mailed out as soon as the commitment papers get signed and returned to O'Donnell Assoc. Vote: Moved and seconded to set the 2015 Real Estate Tax Rate at 11.20. All three selectmen voted in favor.

The meeting adjourned at 7 p.m. Vote: All three selectmen voted in favor.

(Linsley Chapman, Town Clerk, is writer of these notes from the meeting.)

Our Back Pages

BY DANNA BROWN NICKERSON

10 years ago: Due to the severe displacement of the two pipes at the failed joint, repairing Bethel's old water main under the Androscoggin wasn't possible, and a new 12" ductile steel main was installed.

Incoming kindergarten pupils and their parents rode their buses to Crescent Park School in preparation for their first day of school.

Deaths: Kim Parker, Florence E. Seames, Rosella L. Knowlton, R. Donald French.

20 years ago: Bethel athletes Levi Brown, Roger Zimmerman, Nancy Walker and Dillon Gillies took part in the Wildman Biathlon in Shelburne, N.H.

30 years ago: Rocky and Bunny Swain celebrated their 40th anniversary with a surprise party at the home of their daughter, Diane Todd, in West Paris.

John and MaryBeth Bayerlein opened the Cameron House on Mason Street as an apartment house and efficiency apartment guest house.

Births: Krystle Marie Gould, Priscilla Ann Thurston, Ashley Quinn and Travis Grover Brooks.

Deaths: Chester W. Hazelton.

40 years ago: Mrs. Emily M. Thurston of Andover was honored at a reception hosted by her children on the occasion of her 95th birthday. Some 100 relatives and friends attended.

A scale model of the Hanover Ferry made by Frank Worcester with assistance from 7th graders Lisa Ramsay, Pamela Morton and Martha Steams was presented to the Bethel Historical Society.

Births: Frederick Otto Burk, Eric Nelson Tibbetts.

Deaths: Geneva Dunn Mitchell, Alton T. Luxton.

50 years ago: New faculty members at Gould Academy for the 1965-1966 school year were Miss Sandra D. Arbour, Mrs. Lillian R. Conant, Arthur A. Dexter and Charles R. Hurd.

Births: Audrey Lois Hall, Dwayne Lee Metcalf.

Deaths: Sherman Allen, Ned E. Herrick, Jr., Mrs. Margaret Lederway, Hiram E. Thurlow, J. Hyman Reed, Fannie J. Frost, Albert W. Enman.

60 years ago: The executive committee of the Maine Fish & Game Association accepted the gift of a 60 acre estate on Lake Christopher to be developed into a Youth Conservation Camp & Workshop.

Gould Academy classes of 1910 and 1911 held their annual reunion at Morrison's Lodge, Howard Pond, Hanover.

Deaths: Mrs. Mary Stearns Park, E. Henry Tenney, Mrs. Grace E. Philbrick, George Herman Merrill, Mrs. Pauline Berry, Stephen E. Byrd.

70 years ago: Fred Hall closed his barber shop and went to Houlton.

Merle Lurvey was appointed superintendent of the E.L. Tebbets Co. mill, Locke's Mills.

Death: G. Laforest Emery.

80 years ago: The home of Mrs. Nettie Mason and son, Gordon, in West Bethel was burned. The loss was estimated at \$6,000.

Mrs. Herbert Morton of North Newry won first prize of \$10 in Class 1 of a Kitchen Improvement contest held throughout the state.

The old water tub at the foot of the Common was removed, and the tub at the foot of Main Street was repaired.

Births: Beverly Billings, Arline Bennett.

Deaths: Nathaniel B. Bean.

90 years ago: O.E. George was building a house on Paradise Road.

The cornerstone for the Rumford Community Hospital was laid on Aug. 20.

Death: Mrs. Adeline Kimball.

110 years ago: The annual mid-summer fair and supper of the Ladies' Club was the usual grand success, placing about \$200 in the Congregational exchequer.

Addison S. Bean was having the chimneys of his West Bethel residence repaired to make them safe for the winter fires.

Deaths: Dr. J.A. Morton, Theodore R. Cummings.

120 years ago: Business at C.C. Bean's ferry at Middle Intervale was very brisk especially in the early morning.

Hay rack rides were quite the rage.

AUG

20

2015



The barn is currently being boarded up by Crowell Construction of Harrison.

Submitted photo

BARN

Continued from page 3

Once in Fryeburg the frame was cleaned and then meticulously repaired using traditional joinery, according to Campbell. The original barn was 30 feet x 24 feet, consisting of three bents (a cross section of the frame). He enlarged the frame to 36 feet by adding one bent, using antique timber of the same vintage and patina and historically correct joinery. The 30 x 36 structure was then raised in Lovell for a new owner.

The barn went up July 31, off Sabattus Road, and is currently being boarded in by Crowell Construction of Harrison, Campbell said. He said the new barn owner plans to use it as a workshop, where he will restore vintage boats.

It is common, Campbell said, for such barns to be re-used for other purposes, because there are fewer farmers today than there were decades ago.

Campbell has been a carpenter for 20 years. "I lived through two significant

house restorations as a kid," he said. "I got the bug. I love old buildings. They're built to last. If you see an old barn falling down, the only reason it's still standing at all is because it was timberframe. It's a very efficient use of materials."

And, he said, "Moving a structure is something our forefathers have done for hundreds of years. I find that 20-30 percent of the barns that I work on have either been moved once or are cut from other frames."

He said each barn is a little different from the others, "because there's a bit of a carpenter's mark."

A number of years ago Campbell moved a barn from Lovell to Newry.

He said he gets great satisfaction in saving old buildings. "Barns seem to find me," he said.

While MMP&B specializes in the dismantle, documentation, repair and reassembly of antique timber frames, the company also designs



Scott Campbell and Marlies Ouwinga.

Submitted photo

and cuts new timber frames, basing most of its designs on the historic timber frames of New England.

Campbell and Ouwinga live in Brownfield with their two

boys. Ouwinga works at the Stone Mountain Arts Center. Several years ago Campbell dismantled, repaired and re-erected the 200-year-old barn there.

EDIBLE

Continued from page 3

on the invasive species lists of most New England states. Cohen said that of the 66 species identified as invasives in Massachusetts, where he lives, at least 20 are edible.

"So you can pick as many of them as you like," he said. "They offer a completely guilt-free foraging opportunity."

"This is 100 percent wild fruit pulp, with nothing added," Cohen said as he passed around a basket of fruit leather made from the fruit of the autumn olive, also known as Japanese silverberry or spreading oleaster.

An invasive species that thrives in even the poorest soil, the autumn olive was introduced to the U.S. as an ornamental shrub in the 1800s. It has since escaped into the wild and now competes with many native plants.

On the bright side, however, its fruit is easily harvested, has a pleasant sweet-tart flavor, and contains exceptionally high levels of the antioxidant lycopene.

Many familiar "garden variety" weeds can be added to salads or cooked as greens, and provide surprising nutritional value.

Lamb's quarters may not be popular with most gardeners, but its leaves can be substituted for spinach, either raw or cooked, and con-

tain even more vitamins than Popeye's favorite vegetable.

Purslane, another common garden weed, is something of a superfood in the edible wild plant realm, offering more omega-3 fatty acids than any other leafy vegetable; dietary minerals such as magnesium, calcium, potassium, and iron; potent antioxidants; and vitamins A, B, C, and E.

Then there's Japanese knotweed, the prolific invasive weed that resembles bamboo (although it is actually a member of the buckwheat family) and takes over quickly, even growing through concrete and asphalt.

The plant contains several vitamins and minerals, as well as resveratrol, considered by some to be a beneficial health supplement. In China, it is used in the commercial production of resveratrol tablets.

The stalks are tart and juicy and can be used like rhubarb. In the spring, the tender new shoots can be harvested and used as is, and later in the season the thick stalks can be peeled before use.

To illustrate his point, Cohen passed out samples of a Japanese knotweed crumb cake, and said he had also used the plant to make a strawberry-knotweed pie.



After speaking at the Albany Town House recently as part of the Mahoosuc Land Trust's "This Is Your Backyard" series, wild foods expert Russ Cohen signs copies of his book, Wild Plants I Have Known ... and Eaten, while attendees sample a coffeecake Cohen made with Japanese knotweed.

A. Wight Chapman

Safety first with mushrooms

In addition to plants, wild mushrooms are a favorite foraged food of Cohen's, and several in the audience said they had collected and eaten them, too.

Cohen said he always advises using caution, since "the risk of picking the wrong kind of mushroom and eating it and getting sick—or even dying—is relatively high in this region."

A good field guide is essential, and he said all edible mushrooms fall somewhere on a spectrum "with those

that can't be confused with anything poisonous at one end" and those that closely resemble their poisonous cousins at the other.

Cohen strongly urged novice foragers to "stick to the safe end of the spectrum."

Other talks in the "This Is Your Backyard" series have featured information on climate change, a panel discussion with local farmers, and "Your Backyard Dream Gets Real," Gould Academy student Max Southam's account of hiking the Continental Divide.

Woodstock accepts road; tax implications a concern

BY ALISON ALOISIO

At a special Town Meeting Tuesday, about three dozen Woodstock residents approved having the town accept a new section of road in Lloyd Poland's Rustic Outlook subdivision.

Poland's road section, 2,950 feet long, is the second and final portion of the roadway. There are 18 house lots along it, according to town officials.

Although the article was easily approved, Selectman Steve Bies and resident Alan Seames voted against it for reasons that each spelled out.

Bies objected to the timing of the vote, he said, preferring that it be considered at an annual Town Meeting with more people in attendance.

Selectman Ron Deegan said the reason for voting now was simple.

"We look at this as revenue," he said, because of the potential new taxable homes.

But Seames, who also thought the vote should have been at an annual meeting,

saw no overall gain for the town in Deegan's strategy. He said an increase in the town's valuation would just increase Woodstock's share in the SAD 44 budget. He expressed concern particularly if Newry should withdraw from the district and take its large tax base with it.

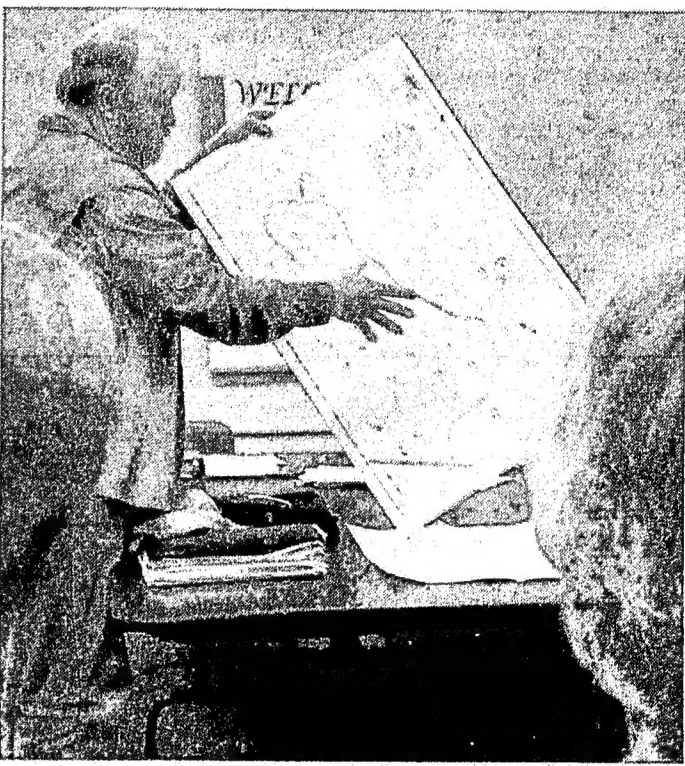
Deegan, however, said the school share situation is an ongoing one, and selectmen still need to look for revenue for the town.

As for the cost to maintain the new section of road, Town Manager Vern Maxfield said he did not have a firm estimate, but expected costs to add roughly "a couple thousand dollars" a year.

Resident Nancy Willard, who said she had driven the new stretch of road, said it was of "excellent quality."

The first section of the road, already accepted by the town in 2008, is 6,250 feet long with four houses on it.

The meeting lasted about 15 minutes and was moderated by Ken Ruff.



Lloyd Poland shows a drawing of the newest section of road in the Rustic Outlook subdivision.

A. Aloisio

GRANT

Continued from page 3

sort for \$250 for a 1987 tanker fire truck the town is selling. Deegan said the town should scrap the truck before accepting a bid in that amount. The bid advertisement set a minimum bid of \$5,000, it will be re-advertised, the officials said.

Boat access, taxes

The board also discussed the status of a possible purchase arrangement with the new owner of property adjacent to the current North Pond boat ramp on Route 26, which the state wants to close for traffic safety reasons.

Conservation Committee member Marcel Polak has been designated by selectmen to talk with the owner, who bought the property recently for \$70,000, about a proposal. Maxfield said it is hoped those talks can begin this week. The town would vote on any potential purchase.

Deegan said he would still like to see Greenwood contribute some funds to the purchase. That town also has frontage on the lake, though less than Woodstock. Nadeau favored working on the initial purchase first, however.

er. "Don't let the deal slide south," he said.

Maxfield said he is working on gathering information to calculate the total respective water frontages for Woodstock and Greenwood, with the idea of possibly suggesting the town's share in the cost of the boat access based on their percentage of the frontage.

Greenwood to date has shown little interest in contributing, citing few camps on its section of the pond.

On another topic, Maxfield reported that tax bills have gone out and reflect an increase of about 6 percent. He said there had been an 8.5 percent increase in the school tax and 3 percent each for county and municipal.

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Briefly

Tri-County Babe Ruth wins two in tournament

JAMESTOWN, N.Y.—The Tri-County Babe Ruth Baseball Team, which includes players from the Bethel area, won its first two games in the 13-Year-Old Babe Ruth Baseball World Series in Jamestown, N.Y. The team had won a regional tournament to advance to the national level. On Saturday the team, now known as "New England," defeated the Pacific Southwest team 6-5 with Wyatt Williamson of Woodstock on the mound. On Monday the squad beat the Southeast team 12-5. On Tuesday night they lost to Western New York 10-2. New England was scheduled to play the Pacific Northwest team at noon on Wednesday. There are a total of 10 teams in the tournament, with the top six who emerge after four round-robin-style games advancing to the final round at the end of this week.

Dentist offers free sports mouthguards

BETHEL—Bethel Family Dentistry is offering free custom-fit mouthguards for any student athlete in SAD 44, or student athletes from other school systems who are patients in the practice, who do not have braces or baby teeth. The guards are a \$150 value. For those with braces or baby teeth, a "boil and bite" guard (estimated value \$20) will be provided. Those interested should call the office at 824-3378 in August.

Two injured in Bethel crash

BETHEL—Two people were taken to the hospital with non-life-threatening injuries last Friday after a two-vehicle crash on Mayville Road, according to Oxford County Sheriff's Department Chief Deputy Hart Daley. Daley said that a 2014 Subaru Impreza driven by William Bronson, 22, of Durham pulled out of the Good Food Store parking lot to turn right onto Mayville Road. A 2000 GMC pickup, driving by Ann Desalle, 58, of Rumford was headed west on the road, said Daley, and the first vehicle did not yield to Desalle. She and her passenger, Fred Frazer, 58, of Woodstock, were taken to the hospital. Bronson was not injured, Daley said.

Woodstock man charged in fatality

NORWICH, VT—A Woodstock, Me. man has been charged in a crash Monday that killed a Florida man on the side of Vermont's Interstate 91. Twenty-three-year-old Mason Morissette of Woodstock was charged Monday with grossly negligent operation of a vehicle resulting in death. Police say he sideswiped a disabled tractor trailer with his logging truck in Norwich, killing 54-year-old David Stefanik of Shalimar, Fla. Police say Stefanik had pulled into the breakdown lane with a flat tire, placed hazard markers behind the trailer and was standing behind it at the time. Authorities say the trailer was visible from at least a quarter mile away, and a witness said Morissette had ample room to move into the passing lane. Morissette, who could not be reached for comment Tuesday, told police he never saw the hazard markers or Stefanik.



Dr. Richard DeCarolis with a patient.

Submitted photo

CENTER

Continued from page 1

management are expected to be offered in the near future, according to HealthReach.

DeCarolis said it is very helpful to have Leslie Lufkin, a licensed clinical social worker, on site to talk to patients immediately, if needed. A doctor can say, "Let me get Leslie," he said. "It's a warm handoff. People can get help quitting smoking and changing other habits."

He also said the presence of a social worker helps the staff with referrals into the mental health system, which can sometimes be difficult to navigate. "It's fabulous to have someone who knows the agencies," DeCarolis said.

BFHC has also worked to develop a system to ensure provider availability and follow-up. "It allows primary care to do the best job it can do to keep patients well in between visits," he said. "We hope patients notice they can get in in a reasonable amount of time."

That was a challenge for a time over the past year, after Whitworth retired and PA Mary Moses left the practice. But in recent months BFHC has added Catherine Chamberlin, doctor of osteopathic medicine, who received her degree from the University of New England and is a graduate of Dartmouth College, and Kristen Waitt, a family nurse practitioner who graduated from a program at Vanderbilt Uni-

versity and has an undergraduate degree from Boston College. Waitt formerly worked in a neurology, neurosurgery and epilepsy patient care center.

Having BFHC fully staffed again, said DeCarolis, "is a load off our shoulders." He also said it's a benefit to have two female health providers again, which some women prefer.

DeCarolis was asked how BFHC is doing adapting to the Affordable Care Act (ObamaCare).

"It hasn't been difficult at all," he said. "Any time more people have more medical coverage, it's better."

He said there is more of an adjustment with changes to Medicare, which has eliminated payments for a traditional annual physical in favor of a "wellness visit," which includes a detailed interview with patients to identify and reduce health risks. If something is indicated there for treatment, a specific appointment is then made for that purpose, said DeCarolis.

In addition to BFHC's staff and service additions, the center is also looking to better serve patients in the future by reorganizing its building in order to provide more exam rooms.

"We're finding it's cramped with four exam rooms," DeCarolis said. "We hope to do some redesign. It's in the planning stages."

DEP files court complaint against Saunders Mill

BY CHRISTOPHER CROSBY, SUN MEDIA

A former woodworking company once heralded for reviving a dying industry is being sued by state regulators for discharging asbestos into the atmosphere after the Greenwood business went belly up.

The Maine Department of Environmental Protection filed a land use citation and complaint in 11th District Court in South Paris against the defunct Saunders Bros. at Locke Mills LLC for failing to clean up their factory in Greenwood.

Regulators are asking the court to force the owner to hire a licensed contractor to clean up and close the 26.63-acre mill complex at 256 Mill St. in Locke Mills, and assess fines between \$100 and \$10,000 per complaint for each day the violations have occurred.

The lawsuit, which also named owner Louise Jonaitis and Lafreniere Holdings I LLC, also defunct, was filed by DEP attorney Laura Welles by June 22.

The 13-count complaint alleges that Jonaitis violated multiple laws regulating how hazardous materials — including asbestos — were managed, failed to tell environmental regulators the facility had closed and hired unlicensed contractors to fix the problem despite six notifications of violations between 2012 and 2015.

During a 2012 inspection, department staff found the facility was generating other hazardous wastes such as solvents, paint thinners and lights containing mer-

cury with an expired license and failed to label and properly store them or notify regulators.

In April 2014, inspectors found more than 400 feet of piping containing asbestos had been extracted from the facility by an unlicensed contractor, covered with a tarp and left outside on a concrete pad. Similar materials were found inside the main production building and a boiler house, both of which were demolished by the same unlicensed contractor in violation of the law. By November 2014, the piping had been removed, but not the boiler building.

Jonaitis told inspectors she could not complete the cleanup because she ran out of money.

According to the lawsuit, the company didn't have a license to discharge asbestos. Additionally, the complaint states that the company violated environmental laws by failing to clean up boiler ash and other wood products that mingled with stormwater and drained into the Alder River.

Greenwood Code Enforcement Officer Joelle Corey-Whitman said there's also evidence water from a broken seal flowed over pipes in a pit, down to a floor drain and out into the river.

Messages left with attorneys for both sides were not returned. (For a response from Jonaitis that she provided to The Citizen this week, see sidebar story this page.)

In 2010, Jonaitis purchased the 111-year-old, 72,000-square-foot Saunders Bros. dowel manufac-

turing business at public auction for \$450,000, roughly a third of its worth. The sale came with roughly \$750,000 in raw materials.

Two dozen workers laid off just months earlier were rehired and, by the end of the year, the company grossed \$1 million in sales producing all-Maine dowels, rolling pins, drumsticks, paintbrush handles, croquet mallets, furniture and other customized wooden items.

Around the same time, Jonaitis also bought the Saunders Bros. sister mill in Fryeburg for \$200,000, a wood mill in Andover that produced furniture for Ethan Allen for \$182,000 and, notably, the Moosehead Manufacturing Co. in Monson for more than \$1 million.

After she auctioned off its parts, the Fryeburg mill burned down in December 2010 while it was on the market.

Sun Journal records and the lawsuit estimate that by the summer 2013, the Greenwood mill had closed, though it's unclear why. At the time of the purchase, Jonaitis was quoted in newspapers that she was optimistic the relatively low startup costs and niche for high-end wood products remained lucrative.

Glen Holmes, director of business lending and economic development for Community Concepts Finance Corp., said that despite growing demand for high-quality wood products, the industry can be unforgiving.

"There are still some pockets that are able to compete with China. Yes,

the industry has collapsed, but I think there's still a resurgence in the niche market for high-quality products," Holmes said.

At the time of the purchase the Saunders mill, Jonaitis also separated a 1-acre, contaminated lot next to the mill to prevent it from affecting the sale of the mill.

According to Greenwood town records, she never paid taxes on it. In 2014, the town declined to foreclose, calling the site a liability, and a few months later rejected a plan to take it over and apply for federal grants reimbursing cleanup costs.

Jonaitis also owes Maine Revenue Services approximately \$36,000 in income taxes and fees, the U.S. Internal Revenue Service \$23,000 in 2011 taxes and the U.S. Department of Labor \$410 for unemployment.

(Ed. note: Jonaitis told The Citizen in October of 2013 that early that year problems with the old boiler that heated the mill initially prompted a temporary shutdown for repairs. She said she then established a new parent company for her wood-related businesses and called it "Skywood.")

Early in 2014, a portion of the mill's roof collapsed under the weight of snow.

Recently Jonaitis has talked with selectmen about removing asbestos that had been stored in an old pump-house. She has also been involved in talks with the town about potential future plans for the mill site, with a consultant for the Androscoggin Valley Council of Governments expected to provide recommendations, according to town officials.)

Jonaitis' response to court case

Louise Jonaitis provided the following comment by e-mail Tuesday on the DEP court case regarding the Saunders Mill. See related story on this page.

If and when the truth be known, the truth is that the first person to give a directive related to my asbestos-wrapped pipes, and she did so while standing on my property in my absence and without my knowledge, was the CEO of Greenwood.

She instructed my contractor, stating that he could take down all the pipes in the collapsed section of the building. I don't believe she had the authority to do that.

And I don't know why she did it. But he apparently believed her to have the authority and went ahead and

did this. The next day he reported that to me. At the time I assumed that the DEP had authorized her to do that but I never really knew how that came about.

I've learned that technically I am the only person who has the right to clean up my own asbestos. Otherwise a licensed contractor needs to do this. But in actuality I could have decided to wrap the pipes myself and cut them in three-foot sections and secure them and send them off to Ohio. But I was still traumatized by the collapse and decided that it would not be the best decision I ever made if I tried to do that.

The unanswered question remains: why was the CEO Joelle Corey-Whitman allowed to direct the initial re-

moval of the asbestos-tape wrapped pipes at my mill?

Moving ahead though I'm glad that we are all focused on the clean-up efforts now and I hope that this can be a learning experience for everyone.

I'm willing to review all the activity that happened at my mill property and take responsibility for any errors that I may have made. But I'm not going to stand alone there and take the flack for the very first activity which came about without my knowledge or blessing nor the very last activity which was done also without my approval.

After everything is all said and done and despite that fact that it has been a daunting task unfolding in the middle of a recession, I still

love the mill property as evidenced by the fact that I took the risk. This is America: no pain no gain; no risk no reward.

In reality I'm the true environmentalist here. I took the risk to buy the mill properties and who else would do that unless they were a true environmentalist? Think about that.

(Corey-Whitman was asked about the circumstances that Jonaitis described regarding the initial removal of asbestos. She replied, "That is completely untrue. I've got 18 years experience in the commercial construction field and Maine school renovations, and I know better than to do any hazardous remediation without the proper permits.")



The Way I See It

BY SHARON BOUCHARD

From the TWISI archives:

Being one of the vertically challenged has been a pretty tall order for most of my life, but as I get older the challenge seems to be getting bigger. My doctor says my bone density is very good so that's not the problem. Maybe as I get older I sag more and being short it gives the appearance of being even shorter.

Whatever the case, I do feel shorter and that just confirms my belief that most things I deal with have been designed for a person 5'7" tall. I would just love to be 5'7" tall then I would never have to lose a pound! In fact, if I was 6' tall I would probably need to gain a pound or two.

So, here's the reality, I'm not fat, I'm just too short for my weight. I don't think people of height realize the hardships those of us closer to the ground live with. Not only do we have to watch what we eat because we don't have the body length to stretch out the fat; we also have to watch what we wear.

For example, I can't wear skirts, dresses or coats that are very long because they make me look like a Wee-

ble, those little toy people with no feet. I can't wear anything too short because then too much of my stubby legs will show.

Even cars can be a problem for the vertically challenged. I think most vehicles were designed for the more elongated body. In order to have the seat close enough for me to reach the pedals I have to drive around with the steering wheel crushing my solar plexus.

Seat belts are definitely a great safety feature and I wouldn't want to drive a car without them, but they seem to fit across my throat better than across my chest. God forbid I ever have an accident. I'll be spared the fate of going through the windshield, but my neck will snap like a twig.

Supermarket shelves are also a challenge for people like me. I have to plan my grocery list based on what is reachable. I'm sure there is a whole world of great top-shelf items that I have never tried because I just plain can't reach them. I have to buy the giant size boxes of cereal even though I don't need them because the regular size boxes are always on the top of the shelf.

Housework is a major

chore for the short-legged person too. Tall people don't have a clue what it's like to do half of the cleaning standing on a chair or stool. The plus side is that I can't see the top of the refrigerator so it doesn't bother me how much dust may have accumulated on it.

I used to marvel at my husband's ability to change a light bulb in a ceiling fixture without even having to stretch. For me to change the same light bulb requires standing on a chair on top of two dictionary-sized books. He seemed to think his height somehow made him better than me, but I was always quick to tell him otherwise. I would get right up in his chest and tell him exactly how I felt.

As a couple, Henry's height and my shortness has led to a few problems. We can never see eye to eye on things even when we agree. And, when we did have a disagreement on something he would often say, "I'm not going to stoop to your level" and then he'd laugh.

There are some advantages, however, to being short. Because we're closer to the ground if we should trip and fall we don't get hurt as badly as tall people. We're great

I'm sure there is a whole world of great top-shelf items that I have never tried because I just plain can't reach them.

at picking vegetable and berries too. We don't have to bend as low as other people so our backs last longer.

We don't get depressed because for us things are always looking up. With a lower center of gravity we float better. And, we are more apt to see eye to eye with our children than the taller parents.

I think it's high time short people started getting a little more respect. Everything should be petite-accessible. It's definitely a little shortsighted for tall people to look down at short people all the time because the way I see it one of us munchkins just may rule the world some day and all the tall people will then get the short end of the stick.

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2015

Town News

Bethel

By Donald G. Bennett



Band Concert
- Ellen Whitney wows the crowd

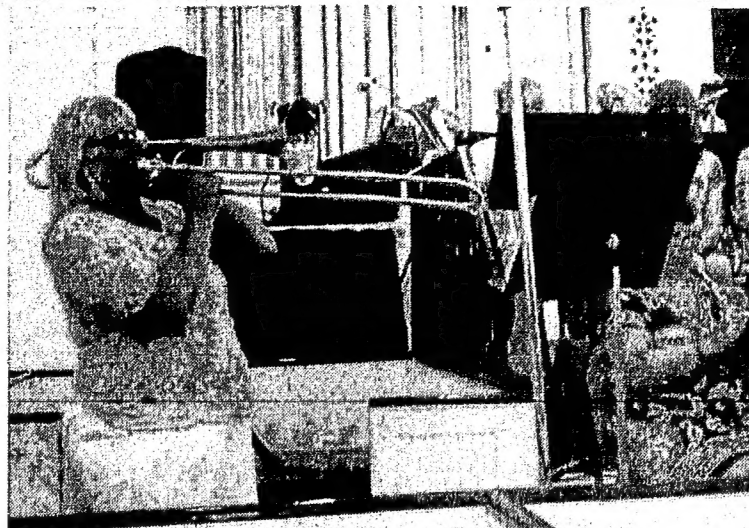
Ellen Whitney's trombone solo of Blue Moon was nothing short of spectacular. The tune and lyrics have been one of my longtime favorites; 1949 saw Blue Moon have a big surge in popularity. Lorenz Hart wrote the lyrics (circa 1934), changed later to "Blue Moon you saw me standing alone" and Richard Rogers the music.

Monday's concert must have been heartening for the Mahoosuc Community Band because it drew such a large audience at the Congo Church. Other solos were by Brian Dunham, trumpet, and Alan Struck, clarinet. The program had four "pop hits": medleys of Glen Miller, Duke Ellington and Ray Charles plus one of the great pieces, Somewhere by Leonard Bernstein and Stephen Sondheim. There is hope that someday a vocalist and some piano solos get added to the program.

Back to School Shopping at Community Sports, Philbrook Place

Cleats and bikes are among good deals at Community Sports. For cleats trade in any size cleats for \$5 off. Specials on bikes, too. Half off on rollerblades and half off on bike helmets.

Consignments policy is: People can bring in their pre-owned sports equipment in



Ellen Whitney plays an outstanding trombone solo of the romantic hit Blue Moon during the Mahoosuc Community Band's concert on Monday.

D. Bennett photos



For the coming fall and winter, preowned jackets are available at half their original price at Community Sports.



It's Barker Mountain Bikes now on the sign at Bethel's local bike shop next to Big Apple/Dunkin' Donuts.

good condition to help the environment and community. Also taking (on consignment): jackets, snow pants, boots, skis, snowboard and snowshoes; emphasis is on Seasonal. See also Community Sports - Bethel, Maine/Facebook for updates. Little Bits Consignment - Gently Used Children's Clothing shares the second floor with Community Sports and there is an impressive stock of kids' clothing. Look here first before you drive out of town - you can shop where it's handy and economical.

Richard Blanco in Cuba
If you missed this news, Richard Blanco was invited by the State Department to write a special poem which he would read at the Aug. 14 reopening of the American Embassy ceremony in Havana. His poem written for the occasion was titled "Matters of the Sea." Apparently in the poem he describes how the sea that separates

us also connects us. Watching Friday night's TV national news I did not see Richard Blanco mentioned at all. WCSH did have a brief video clip on about 6:28 but not on NBC national news and not on PBS. From the ridiculous to the sublime - it was only a few years ago when Mr. Blanco was chairing a committee meeting about improving Bethel's directional signs.

Selectmen's meeting
Neil Scanlon was appointed to the Planning Board. Mr. Scanlon is Vice President of Finance for Sunday River Resort. He and his family apparently live in West Bethel. Andrew Glasfeld, also of West Bethel, was appointed to the Board of Appeals. Mr. Glasfeld has experience as chair and vice-chair of the planning board and the ordinance review committee.

Waste water usage rates properties with more than one dwelling unit still require more work to be equitable. As far as Bethel is con-

cerned will the town come up with a rate structure somewhat in common with other towns of similar size having waste water treatment systems? A committee of selectmen was formed to struggle with this problem some more and they are: Don Bennett, Lloyd Sweetser and Peter Southam. Rate plans from other towns have been collected for the committee to consider. One thing not mentioned so far is that owners of multiple dwelling units may or may not have purchased separate water meters for their rental units. At our place in Florida we purchased a second water meter for sprinkling and outside water use. We are charged \$15 monthly flat rate; to that is added an additional charge based on the amount of water that went through the house meter. When we are not there the sewer charge is billed at just the flat rate of \$15/month or \$45/quarter.

Another meeting agenda item was budgets for the airport and waste water treatment department. In FY 2015 the airport received \$306,274 in revenue which included \$155,572 in an FAA grant.

Two other major revenue accounts were fuel sales, \$30,767, and GAMM building lease income of \$38,958. Total expenses came to \$281,002; operating surplus of \$25,272.

For the Sewer Account (Waste Water Treatment) total revenue was \$417,014; operating expenses were \$274,805; capital improvements and debt service was \$160,393; resulting in an FY 2015 deficit of \$18,184. From what I can learn about the sewer system is that primarily due to the 1990's system expansion to handle Bethel Station's development, we have more sewer system than needed for paying users.

As sort of a side issue in the sewer budget discussion is the continuing maintenance and repair costs of the 2000 GMC pickup that is sewer district's vehicle. Rob Gundersen is in the process of compiling a list of current costs needed to maintain the vehicle. Among other jobs the pickup is required for winter snow plowing at the waste water treatment plant. New Sign at former

Bethel Bicycle
Bethel Bicycle is now Barker Mountain Bikes. Kristen Seib is the new owner - more about the bike business next week.

1947 news - 1925's Bethel primary school gets an addition

For his report in the 1947 town report Superintendent Donald Christie wrote "To the Citizens of Bethel: You people of Bethel are indeed fortunate to have had added to your school plant two such excellent school rooms, and other facilities as the new addition offers, for the cost involved. Your building committee should be highly commended for their work. These rooms are the best you have and certainly will provide a pleasant, healthful atmosphere for your boys and girls entering school."

At the 1947 March town meeting voters had passed an article raising \$5,000 for a Primary school addition;

they also voted to spend \$250 for additional land for the school grounds. Citizen news of the town meeting reported that 230 ballots were cast during the afternoon making it the highest turnout since the printed ballot had been adopted.

An August report on building progress stated that one of the two new rooms would be used as classroom that fall with second room seeing only part time use. A new steam boiler with oil burner would heat the entire building.

Thirteen years later Mrs. Bisbee retired. At the May 21, 1963, Bethel PTA meeting school committee chairman, Dexter Stowell, announced that the Bethel primary school name had been changed to the "Ethel Bisbee School". Mrs. Bisbee was presented with the new sign which would be erected at the school where she had been principal for so many years.

Bethel

By Nancy Brown



The skies were clear for the Perseid meteor showers on the peak nights

of Aug. 12 and 13. I went out to watch at 2 a.m. on the morning of Aug. 13; the best viewing is usually between midnight and dawn. The meteors didn't disappoint; they were fast and bright. The meteors were also brilliant early on the morning of Aug. 13. I saw several that left long trains behind them. There are four big meteor showers this fall: the Draconids peak on Oct. 8; the Orionids, on Oct. 22; the Leonids, Nov. 17-18; and the Geminids, Dec. 13-14. I'm particularly interested in the Orionids this year. They are known for producing meteors with trains and spectacular fireballs. Each of the upcoming meteor showers should have good viewing because of the low level of moonlight. Like with all celestial events, the only drawback to good viewing will be bad weather.

OCSD Patrol Log

Tuesday, Aug. 11

At 9:50 a.m. Sgt. Tim Holland performed a traffic detail on Mayville Road, Main Street and Vernon Street in Bethel. Traffic was flowing at the speed limits. One ticket was issued for insurance and seat belt.

Friday, Aug. 14

At 2:29 p.m. Deputy Matt McDonnell responded to Son-go Pond Road in Bethel for a report of theft. The caller said a four-wheeler had been taken from a relative's residence during the last week.

At 2:30 p.m. Deputy Matt McDonnell responded to the West Bethel Road in Bethel for a report of a subject lying on the side of the road. On arrival the area was searched and there was no contact.

At 5:44 p.m. a report was received of a two-vehicle, personal injury crash on Mayville Road in Bethel. Two subjects were taken to the hospital.

At 6:52 p.m. a caller reported a driver headed from Bethel toward Rumford, texting and all over the road. The information was passed along to the Rumford police as the vehicle was well into Rumford by the time the call was received.

At 7:12 p.m. Sgt. Tim Holland responded to a complaint of a vehicle driving by and shooting paint balls at mail boxes on the North Road in Bethel. It was the same as an earlier complaint in West Paris.

Saturday, Aug. 15

At 10:33 a.m. Deputy Andy Whitney responded to a report of a two-vehicle crash on Mayville Road in Bethel. There were no injuries.

At 12:05 p.m. Deputy Andy Whitney and Sgt. Tim Holland responded to a property damage accident at the intersection of North and Mayville roads in Bethel.

OCSD Jail Log

Aug. 16, 3:28 a.m.: Benjamin B. Howard Jr., 39, of Albany, violation of bail conditions; by Deputy Matt McDonnell in Andover.

BLANCO

Continued from page 1

auguration in 2013, I am once again humbled and honored to participate as a poet in another significant historic moment.

"I'm elated by the power of poetry to mark such important, communal moments, and be a catalyst for change and understanding by reaching deep into our emotion selves and connecting us to our shared humanity," he said.

After the ceremony he described the experience event as surreal, just like Obama's inauguration in which he became the first Latino, openly gay person and immigrant to hold the title of inaugural poet.

He said he hopes his new poem will inspire Cubans to reunite emotionally after years of separation due to politics, travel restrictions and an economic embargo.

"Here I am, this bridge between the American side and the Cuban side. My hope was somehow that my word would continue to strengthen that bridge, to strengthen a conversation," he said.

Blanco has published two full-length poetry collections with the University of Pittsburgh Press, "Looking for the Gulf Motel," winner of the Paterson Poetry Prize,

the Thom Gunn Award, and Maine Literary Award; and "City of a Hundred Fires," winner of the Agnes Lynch Starrett Poetry Prize.

Blanco also wrote a poem for "Boston Strong: An Evening of Support and Celebration," held on May 30, 2013, to benefit those affected by the Boston Marathon bombings.

Blanco, 47, was born in Madrid, Spain, and grew up in Miami, Florida, among close-knit Cuban exiles, whom he credits with instilling in him the strong sense of community, dignity, and identity that informs his writing. In addition to being a writer, Blanco is a professional civil engineer.

Beginning Aug. 13, "Matters of the Sea/Cosas del Mar" will be available for preorder at <http://www.upress.pitt.edu/BookDetails.aspx?bookId=36606>, according to the UPP release.

According to Blanco, proceeds will benefit a soon-to-be-named charity working for positive change and dialog among the people of Cuba.



ADOPT companionship.

PET OF THE WEEK:

Meet Theresa

The weather may be nice now, but we know that will change so Theresa is applying for the position of your official lap-warmer. She knows that in Maine the winters are long and every lap needs a purring cat.

Theresa is a big cat that loves to have her head scratched. If you rub her head while she is sitting in your lap, she may stay there all day.

During the rest of the year Theresa will warm your heart with love. If you have a thing for beautiful, brown tabby cats; visit her at Responsible Pet Care.



Responsible Pet Care of Oxford Hills is a no-kill, non-profit shelter and adoption center for cats and dogs; and the holding area for stray dogs for 12 towns in Oxford County.

Anyone interested in adopting a pet from RPC can visit the shelter at 9 Sallow Road in South Paris Tues, Wed, Thurs: 12-4 pm; Fri: 12-6pm; Sat & Sun: 12-5pm. Most of the adoptable pets and the adoption application can be found online on the shelter's website www.rpc.petfinder.com. For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.

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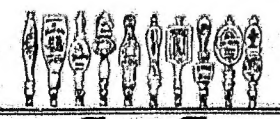
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W/DENNY BREAU

FRI. AUG 21 • 8PM:

JIM McLAUGHLIN

SAT. AUG 22 • 8PM:

JIM McLAUGHLIN

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On Friday, Aug. 14, Musa Brown rode a gondola to the top of Wildcat Mountain in Gorham, N.H., with her great grandchildren, Hannah Matczak and Katie Matczak, of Bellingham, Mass., and their grandparents, Laurie and Bob Hickey of Shelburne. The week before Musa rode the gondola to the mountain top with another great granddaughter, Tia Panico of Middleburgh, N.Y., and her daughter Laurie Hickey. The children have been visiting their grandparents in Shelburne this summer. The enclosed gondolas, which seat four people, make the thirteen-minute trip up the mountain only in the spring and fall. In the winter, the sides of the gondolas are removed and they become traditional chairlifts carrying skiers to the top of the 4,000 foot peak. The Appalachian Trail runs along part of the mountain. On clear days the view is awesome. On one side it is possible to see the Atlantic Ocean; on the other side, directly across the street, is Mt. Washington. Wildcat is a dog friendly park. Dogs on leashes are welcome to ride the gondolas with their owners.

Twenty-eight people attended the author talk and book signing with former Bethel resident Carl Howe Hansen on Aug. 12 at the Bethel Library. Hansen's first book, *Destiny*, was published in May. If you weren't able to come to the meeting, you can contact Carl for a copy of the book and other speaking locations at his website www.carlhowehansen.com. If you have news to share, please e-mail me at brown-nancy1950@gmail.com.

East Bethel

By Wally Ritz



"I'm melting, I'm melting..." just a bit of Oz humor on this hot, humid Monday afternoon from your East Bethel witch. Oh, please, do not take this as me complaining. I find it easier to cool off than keeping warm in the winter.

Arlene Harrington's sister, Charmaine, was here visiting again from Aug. 12-17. These two young ladies spent talking "girl time" shopping, talking and staying cool inside.

I finally got to talk to Bettyann Hastings and let me tell you, what amazing news she had. Apparently their granddaughter Summer Franklin, daughter of Ellen Hastings and Scott Franklin, is quite the country singer. Summer was offered a small part in a Western being filmed in Arizona. The movie is based on the book "C-Bar Ranch" taking place in the 1880s. You can also hear her sing here: <https://www.reverbnation.com/summerfranklin>. Congratulations to Summer and family from the whole neighborhood.

Here is the new Trivia question: What year did Porter Farwell add a new ell with piazza, sheds, etc. and who was doing the work for him?

It is the weekend of many visitors in East Bethel and do hope all will enjoy the Trapper's weekend at Neil Olson's. It is a ready, set, go and see you there!

Oh, and don't forget, call me at 507-1008 or e-mail richcracker@gmail.com. Enjoy the last days of summer.

West Bethel

By Karen Paul



Cousins Ken Ring from Amisville, Va. and his sister, Meredith Ring from Ohio stopped in to visit Rodney Jordan on Sunday. They attended church followed by a delicious dinner.

Alanson Lovejoy took his mother Cathryn to the Mahoosuc Community Band Concert Monday night. They enjoyed music for a number of different eras. Cathryn's daughter Ellen was featured as a soloist and played Blue Moon.

Cathryn Lovejoy met friends Dan and Alison Tuesday evening at the Musical Supper Dance and enjoyed dinner and performances from the Shadagee Ramblers. Thursday Cathryn accompanied Rebecca Ricker to the Annual Stony Brook Senior Citizen Cook-out hosted by Bruce and Shirley Powell.

Thanks for your rain dances last week. We may need more dancing if this 85 degree weather continues for many more days.

Do you know where West Bethel's Free Will Baptist Church of 1844 once stood? It was nearly across the railroad tracks from Pine Grove Cemetery and was destroyed by fire in 1916.

Andover

By Jane C. Rich



Someone recently visiting Andover asked me about the gardens at the tennis court re-

marking how beautiful they were and who tended them. The history of those gardens and the ones around town at the Town Hall, First Congregational Church and the cemetery is that when Julie closed her Foxgloves and Daisies business, she donated the remaining plants to the town. The Andover Garden Club weeds, divides, fertilizes, and otherwise cares for the flower beds which are a beautiful site especially in the month of August. They also care for the gardens on the common. Thanks to all of you for beautifying our community.

New Olde Home Day Committee Chairman, Leo Camire, has called a meeting for tonight, Aug. 20, 6:30 at the Town Hall. The purpose of the meeting is to recap this year's event and review suggestions for next year. If you're interested in the continuation of Olde Home Day and would like to contribute your time to this wonderful town event, please come to the meeting.

The next opportunity for the Roxbury ATV Riders Club and others to participate in a ride will be on Aug. 29 at the Kora Shrine Kare for Kids Ride sponsored by the Turner Timberlands ATV Club.

This past week the Transfer Station attendants arrived to find that someone had dumped trash inside the gate, but it was not bagged and made a very bad mess for the crew to clean up. In case you are unaware, there is a hefty fine for dumping trash outside of station hours. We hope we don't have to use it.

On Saturday as part of Upton Fun Day a worship service was held at 5 p.m. featuring secular and religious music from the 1860s as well as some original pieces by Pete

Coolidge. The theme of the message was how the churches were affected by the Civil War and letters and comments from church members of that era were read. A sing-along was led by organist Bob Hudson and all joined in singing "Aura Lee" and "When Johnny Comes Marching Home." Thanks to Deb Judkins and her committee for all the hard work that went into the celebration.

Come meet the new AES Team at the AES Cafegymnasium, a word coined for the multi-purpose use of what used to be referred to as the gym. The meet and greet with light refreshments will be on Monday, Aug. 24 from 6 to 7 p.m. So turn out to become acquainted with our new school staff.

Gilead

By Lin Chapman

Great August weather. We have had a few thunderstorms, but they have been quite mild compared to others in the area and especially on the coast. There have been a few humid days, but cool down at night has been all right.

My brother, Steve McLain, stopped by the house last Saturday and brought some of those delicious yellow beans from his garden. Lise McLain attended the Bethel Senior Club luncheon last week. It was held at Stony Brook Campground in Hanover.

Peter Risbara was in town over the weekend to work on the Gilead house. Hugh and I were at the corner lot and had the Gilead Historical Society buildings open, so Peter stopped by and dropped

of some fresh corn that Claudia had sent up to us.

Hugh and I attended a birthday party for our granddaughter, Sidney Chapman, last Sunday. Sidney officially turned eleven on August 17th. Those attending the party besides us were Sidney's parents, Tim and Michele Chapman; her brothers, William Chapman and Ajay Landry; her other grandparents, Leo and Ann Croteau and her uncle Tom Goulet. This was a combined birthday party for Sidney, Ajay and Ann, since their birthdays are so close together. Happy Birthday to all of them!

Sidney called her cousin, Ben Chapman, to see if he could make it to the party, but he could not. His break from the US Coast Guard Academy is over and he was heading back this weekend.

Town Office

The selectmen met on Wednesday, August 12th, and released the funds for the fire truck. A group of Gilead Fire Department members headed out bright and early Friday morning to pick up the truck in New York. They returned to Gilead around 11:00pm that evening. The next step will be to get the name changed and get the truck ready to respond when needed.

The selectmen's meeting notes are a separate article.

Got any news? Call 836-2987 or email chapma1@hotmail.com

Hanover

By Maria Holloway



Welcome and thank you to Elaine Goucher who was elected to the Gardner Roberts Memorial Library Board of Trust-

39th Annual New England Trappers Week-End

SCHEDULE OF EVENTS

Olson's Furs, Trappers Post, Cabela's and Oxford Casino have teamed up! You can bet this will be the best show ever!

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For online schedule ~ bethelmaine.com ~ Please invite someone new to attend!

KIDS EVENTS - SATURDAY 9am

by Rick & Vanessa Schoonover
Scavenger Hunt, Coin Scramble,
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EEL RACE - SATURDAY

BY JERRY BRADLEY - TROPHIES

NO BICYCLES!!

We will have golf carts for shuttle rides.



There is an exit only

ENTER EXIT

Please use it

We want to have a convention where you're willing to bring your Grandmother!!!

Please police yourselves and your groups if you want to have another one.

Security will be provided.

Thursday, August 20th

Saturday, August 22nd

Sunday, August 23rd

7:00 Dealers Set-Up Time

Friday, August 21st

7:00 Newt Sterling - N.J. Snaring
7:45 Trapper Don - Gland Removal
8:30 Rick Schoonover - Post Set Variations
9:15 Tom Hart - Water Animals & Ideas
10:00 Bob Wiseman - Western Cat Trapping
11:00 Gilbert Miller & Son - Fisher
12:00 Al Pinkham - Muskrat Trapping
1:00 Jim Geffert - NY Style Fox Trapping
1:45 John Epler - Fur Market Report
2:45 Roger Barton - Beaver
3:30 Fred Becker - CT Rat Trapping
4:30 Alvin Yates - Trap Preparation & Modification
5:00 Break Time - Supper
6:00 Mini Auction
7:30 Bob Noonan - Trappers Post Tells Stories

Saturday 5:00 Group Picture

of all Demo guests, past and present taken by www.carrieaube.com

CONTEST: Four Campsite contest categories: Most Primitive, Cleanest, Most American, and Most Original. Have fun, keep it clean!

FOOD IS AVAILABLE

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7:00 Don Powell - PA Style Mink Trapping

8:00 Jeff French - NY - Mink & Rats: Complete Demo

9:00 Randy Cross - Bear Trapping

No question! The most knowledgeable bear man!

10:00 Jon Pinglee - Colorado Style Martin

11:00 Toby Edwards - Fur Handling

11:45 J.P. Wilson - Coyote Trapping

12:00 BREAK TIME ~ Kids Auction

1:00 Brian Palmer - ME Bobcats

1:30 Bill Tufts - Neils Beaver Partner Talks Beaver

2:30 Jerry Bradley - Fisher & Martin

3:30 Firing of the Cannon ~ Kids Fishing Contest

4:00 Coon Dog Trials: New and Improved Pole

5:00 BREAK TIME ~ Supper

6:00 AUCTION ~ AUCTION ~ AUCTION

9:00 Dance with Ball Brothers!

LARRY MARTIN WILL BE HERE!

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Pleasant River Motel: West Bethel (207) 836-3575

Bethel Inn Resort: On the Common, Bethel (207) 824-2175 Ask for special rates

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8:30 Church Service

with trapper Pastor Lloyd Waterhouse

10:30 THE END!

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and insurance costs

Dogs must be leashed and gentle

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ADMISSION:

\$5 Per Adult ~ \$5 Per Night Camping

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• STEVE STONE: Chain Saw Carving - back to stone age

• MOOSE RACKS on display by Ally Ladd

• JANE THE DOG TRAINER WILL BE HERE!

• NAME TAGS WANTED for collection

• MAX TRAPS will be here for you fishing enthusiasts

• Many ARTS & CRAFTS

• HOT COLORS will be printing T-Shirts for you!

• CONTEST: Longest, most unique, cleanest beard

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Trapper's Weekend

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22nd and 23rd

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11:30 a.m. - 7:30

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Orange Trailer at the Good Food Store

ees at last week's monthly meeting. Elaine filled a long-time vacant Trustee position. Elaine is a new resident of Hanover having moved from Standish. Congratulations, Elaine. The Trustees look forward to working with you. (Elaine's husband, Rick Nelson, is also serving Hanover as alternate member of the Hanover Planning Board.)

Bob and Peg Susbury enjoyed a weeklong visit with their daughter Sarah who lives and works in Virginia. Sarah recently acquired her Doctoral degree in Education from Virginia Tech. Sarah enjoyed reconnecting with some old friends and summer visitors whom she hadn't seen for many, many years. Sarah also made some new friends while in town. Hanover looks forward to having her visit again soon.

Several children showed up at the Library last week to make their own birdhouses. Thank you, Lynne Ramsey and Peggy Susbury for leading the project. The children had a great time and were pleased to take home their homemade birdhouses.

As the paper goes to press the Library Trustees and friends are preparing for "Pie Night" to benefit the new Andy Barlow home. A full update on the status of the project fundraising efforts will appear in this column next week.

For news, questions, comments, please contact HanoverMENews@gmail.com.

Locke's Mills

By Amy Wight Chapman

As soon as we turn the calendar to August, I always start to feel as if summer is nearly over, but the stretch of hot weather this week reminds me that some of our most summery weather often comes in the next few weeks. There are still plenty of summer visitors on the ponds and lots of boats out.

Although I slept right through them, Cathy Newell reported that there were fireworks being set off at her end of North Pond early Monday morning, around 2 a.m. There had also been some earlier in the evening. They apparently came from a camp that was rented to people from out of state. Greenwood does have a fireworks ordinance that prohibits the use of fireworks except on specific dates, and the state regulations do not allow them after 10 p.m. except on July 4, New Year's Eve, and the weekend before those holidays, when they can be used until 12:30 a.m. It would be helpful if all homeowners who rent out their property made their tenants aware of the local ordinances, which are available on the state's website at <http://www.maine.gov/dps/fmo/fireworks/ordinances.htm>.

Betsy Foster posted a photo on Facebook of a blue flower I had never happened to see before that she said is growing in the Greenwood community flower garden. Several people identified it as balloon flower or Platycodon, and Sandy Morgan mentioned that she has them in not only blue, but also pink and white in her garden in Albany, N.Y. Before they open into a delicate blossom with five petals, they do resemble a balloon, or a Chinese lantern flower.

Another interesting plant that I haven't seen in years is Lunaria, which grew outside my grandfather's house in Bangor when I was growing up. The name, which means "moon-like," comes from the round, flat seedpods that resemble a silvery full moon, but we always called it "money plant" and used the pods for pretend coins. Does anyone grow it around here?

And one more - my mother had a bush with very fragrant yellow flowers in our backyard in Connecticut that she always called a spice bush. It smelled heavenly when it was in bloom and butterflies loved it. The USDA's website says it was a plant called Linder benzoin, and says it grows as far north as Maine, so maybe I can find one for my yard someday.

The Greenwood Historical Society's next meeting is Wednesday, Sept. 2 at 7 p.m. at the Society's building on Main Street. I can't remember what the program will be, but will be sure to find out for next week's column. I spent last week at Hewnoks Artist Colony on Kezar

Lake in Lovell, working on a novel I've been writing for a couple of years now. While I didn't get it finished, I did make good progress and it was wonderful to have a week to focus on nothing but writing, without the distractions of work, meetings, and looking after a household. If you'd like to read more about Hewnoks and the week I spent there, I've put up a blog post about it at amywchapman.com/reflections.

E-mail your news to amy.w.chapman@gmail.com, leave a message at 875-5511, or contact me on Facebook.

Mason

By Richard Grover



This past Monday I talked to a crew installing a steel cable on the light poles passing my driveway and asked if they were putting up a phone cable. I was told this was a cable to which Oxford Networks would attach a new phone cable. The old phone cable is buried beneath the pavement and, in some places the ditch and is too shallow to allow D.A. Wilson to properly replace the many culverts and place them deep enough to avoid having the frost heaves keep bringing them up through the road surface. Oxford Networks has been reluctant to spend the money required to replace their cable here because of the limited number of customers on this road! At last, it appears a decision has been made.

The recent severely cold winters coupled with increasing traffic, made worse by recent heavy logging traffic, have conspired to make the Kings Highway a mess. We here all hope this rehab work will make travel much nicer through the next mud season!

Newry

By Doug Webster



At last week's Select-board meeting, the Board voted to give two tax abatements. Everyone should be sure to check your tax bills to make sure the town or its assessor hasn't made a mistake. You might have a case to get some money refunded.

The Board read letters from Newry kids. The letters are brief explanations of their summer camp experiences. The town gives kids around \$100 to go towards the summer camp of their choice.

The Board also received a letter from the local football boosters. The teams are looking to get new helmets. The Board voted to give them \$300 from some discretionary account.

The Board and administration are still discussing the possibility of changing the town's calendar year and the timing of when tax bills are sent out. They have yet to make a decision. It is probably too late for any action this year.

The reconstruction of the outer Sunday River Road near the Letter S swimming hole is complete except for the paving and guardrails. The overall project looks good. Some residents are reporting that the planned parking spaces appear to be somewhat confusing. Hopefully when it is paved and maybe has some signage it will help out. Apparently there is some money left over, and the town will be able to pave more of the road back towards town than they had originally planned.

The Board is asking people who put up signs along town roads for weddings, yard sales, or whatever event you are planning to make sure to pick up your signs when the event is over.

The Newry Road Committee met on Monday. They continue to work on the extent and scope for the Outer Sunday River Road project.

Enjoy your last days of summer!

South Woodstock

By Lolalee Dillingham



Condolences are going out to the families of Harry Kimball, Sr., Elias P. McKeen, Jr. and Kenneth K. Bryant. Thoughts

and prayers to each family member.

Just a reminder that the Bethel Alliance Church (Route 26) will be holding their Community supper Aug. 26 from 4:30 to 6 p.m.

Get well wishes to all who are not feeling up to par.

Another one of these very hot and humid days; it's 86.3 degrees here right now on the back side of the house. I have both air conditioners on and two fans and it's nice in here, so will enjoy the afternoon working on some of my crafts.

Glad to see the oil prices going down, it will be a lot easier for folks to get their barrels filled for winter.

Now for the k-1 price to go lower, that would help those who use it for heat.

Belated anniversary wishes to Dale and Amanda Coriveau, wishing you many more.

The Down East Country Music Association will be holding their Annual Awards Show on Sunday, Aug. 23 at the Silver Spur in Mechanic Falls. I will post the winners in my column next week.

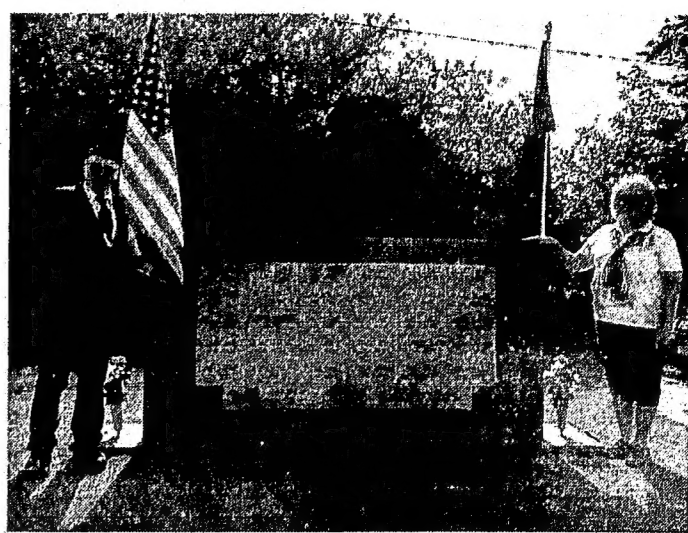
Well, that's all from the valley this week. Stay cool, drink plenty of water and enjoy your weekend.

Upton

By Joe Bernier



Upton Fun Day began with a nice parade, not very big, but nice. Five veterans of various wars rode on a float that had an awesome monument on it. The mon-



Lou and Ellen Bernier with the Civil War monument. Vicky Phillips

ument had a name plaque for each of the 35 soldiers from Upton area that fought in the Civil War. Immediately after the parade, the veterans preformed a 21 gun salute to honor the veterans of the Civil War and all other Veterans.

The Fun Day participants then turned to other activities. They viewed the Upton Historical Society's display of artifacts, watched a film about Maine's 16th regiment, (incredible story, you should check it out) purchased food, enjoyed free cake and ice cream courtesy of the Ladies Aid, played games, bought chances on some raffle items and made other purchases. Then about 12:30 the rains came and the crowd disappeared. At 2 p.m., most of the people reappeared to join in the fun of the "Chinese Auction" sponsored by the Letter B Notch Riders. The events of the day concluded with a Church Service.

The Monument was built by Lou Bernier with a lot help from his family and

friends. A huge thank-you goes out to them. The monument will be on display on the Upton School porch for the remainder of the summer.

On Sunday, assorted clubs and groups held quick meetings and then joined in to clean up the areas, take down tents and return tables and chairs to their owners.

Thank-you to everyone involved in the activities and events of "Upton Fun Day" 2015.

Please call 533-2010 or e-mail backstjoe@gmail.com with your area news.

Waterford

By Rockie Graham



Summer has really hit now. Yesterday it was hot before 9 in the morning. By noon it was too hot to be outside except buy the water and the ozone was too high to even be out there. It has been a fairly ozone free

summer until now, so I guess I cannot complain. I just spent the day taking care of indoor things and watching bad TV. I didn't even feel like cooking anything. I had a sandwich for supper after having leftovers for lunch. I survived. Now I have today, Tuesday, to make it through. I have the truck which is air conditioned, just hard to get in and out of. But at least it does have AC. Dave has the car because the truck needs work. In any case, at least we are not in the triple digits like they are in California and elsewhere out west.

Thursday, Aug. 20 at the Brick Church in Lovell at 7:30 p.m. you can enjoy Hobson's Choice, an evening of jazz, blues, swing, country and rock n roll. Tickets are \$10 for Adults and \$5 for children 12 and under. FMI please call 925-1500.

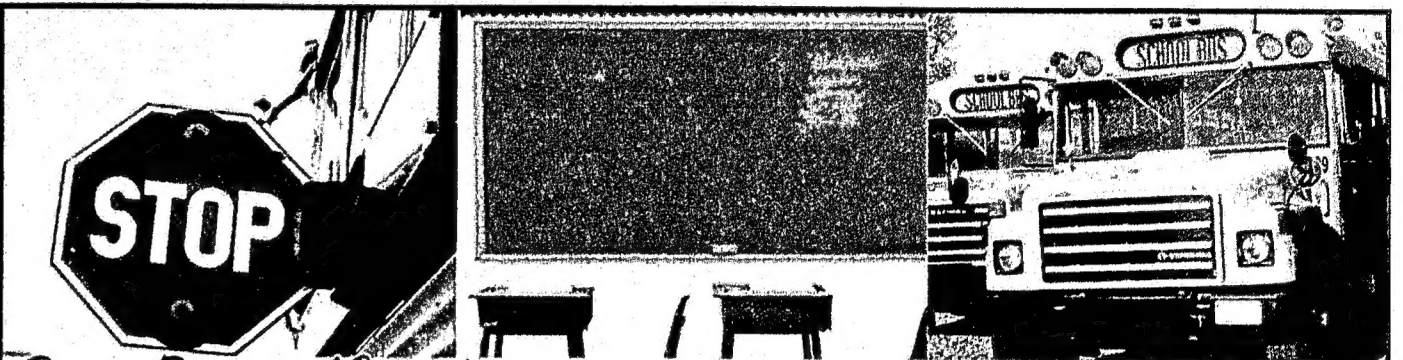
Friday, 10 to 12 at Waterford Library enjoy coffee hour with your friends and neighbors.

On Saturday, Aug. 22, the big yard sale at the Christ Episcopal Church on 35 Paris Street in Norway from 8 a.m. to noon. Hamburgers and hot dogs will be available from 11 a.m. to 1 p.m.

That night there will be a Chicken Pie supper at the VFW Post 9587 on lower Main Street in South Paris. Adults \$8 and kids under 12 \$4.

On Sunday, Aug. 23, the Oxford County Dems will hold their BBQ fundraiser from 4:30 p.m. at the 4H Camp in Bryant Pond. Tickets are \$20. To reserve tickets call 875-2116.

That is all for this week. Stay cool and enjoy yourself.



Dear Parent/Guardian:

We are pleased to be transporting your child to and from school this year. We are very proud of the safety record of our school buses and the professionalism of our transportation team. Please help us ensure your child's safety by following these simple but important procedures: Provide your child with a backpack or book bag. Loose papers or other items are dangerous as children get off the bus. Check your child's clothing for the presence of long drawstrings or other dangling items. Long drawstrings or other dangling items could get snagged in the bus door as the child gets off the bus, and should be removed from clothing. Make sure your child arrives at the designated bus stop five minutes early each day. Children who are late for the bus may panic and chase it, or run into the road. Insist that your child wait for the bus safely in an orderly fashion, back from the roadway. Behavior problems at the bus stop can create hazardous conditions for children. When the bus arrives, your child should wait for the bus driver's signal before boarding. Children should board in single file. Teach your child to sit quietly on the ride to and from school. Behavior problems could distract the bus driver and result in an accident. It is important that our drivers are able to concentrate on driving the route safely. If anything makes your child feel unsafe at the bus stop or on the bus ride, please contact us at the transportation department, rather than trying to discuss it at the bus stop. We are deeply committed to the safety of your child as well as all our community's children.

Thank you!
MSAD #44 Transportation Department

MSAD #44 2015-2016 SCHOOL BUS SCHEDULE

ALBANY Bus 50 - Run starts 6:22 a.m. Rt. 35, Halstat Rd. to Hunts Corner Rd., Wardwell Rd. at 6:52 to Rt 5 at 7:09 to Woodsman's Loop to Patty Brook Rd. to Rte 5 and on to CPS 7:30 TMS 7:35	SUNDAY RIVER/ WEST BETHEL Bus 11 - Run starts 6:30 a.m. from Bus Garage, Sunday River Rd. at 6:33, Douglas Rd. 6:59, Skiway Rd. 6:41, Rt 2 West at 6:49 Barker Rd. 7:07, Rt 2 West to Campground at 7:14, back to Flat Rd to Liberty Lane, Mountain View Circle to Rt 2, Annis Rd at 7:22, Route 2, Railroad St. at 7:30, to TMS/TMS at 7:34 then CPS at 7:41.	WOODSTOCK Bus 28 - Run begins 6:05 a.m. from WES, Rumford Avenue, Rt. 232, Rt. 26, Rt. 219 to Estes Rd. at 6:23, Rt. 219, Route 26 to Paige's Place, Andrews Rd. at 6:36 Koskela Rd, Harbor Rd. to Perkins Valley at 6:55, Cushman Rd, Route 26, Rt. 232, Rumford Ave. to WES at 7:18.
HANOVER Andover Bus A - Pickups start at Gordie Howe's Store at 6:56, to Mayville Rd at 7:23, Bethel, CPS at 7:29 and TMS at 7:36. Andover Bus B - Pickups start at Howard Pond Rd./ Mill Hill Rd. at 7:10, to Rt. 2 to TMS at 7:27, to CPS at 7:36.	WEST BETHEL/ GILEAD Bus 16 - Run starts 6:45 a.m. from Pleasant River Motel, Rt. 2 west of Campground, Bog Rd., Gilead, West on North Rd. at 7:07, East on North Rd, Ellington Mtn. Rd. at 7:20, Mayville Rd at 7:27, Church St., CPS at 7:32, to TMS/TMS at 7:38.	WEST BETHEL/ MASON/ALBANY Bus 20 - run starts 6:29 a.m. from Chet Herrick's home, Flat Rd. from W. Bethel Children's Center, Mason Township, to Grover Hill Rd. at 6:42, Songo Pond Rd to Baker Rd. at 7:03, Songo Rd., Skillings Rd. at 7:17, Mill Hill Rd to CPS 7:30 to TMS 7:36.
BETHEL Bus 3 - Run starts 6:45 a.m. from Bus Garage, Vernon St. to Remington's 6:57, Irish Neighborhood to Paradise at 7:06, Mason/Chapman Sts. at 7:16, to Intervale Rd. to Stevens Rd. 7:26, TMS 7:32 CPS 7:42. Bus 9 - Starts 6:40 am from garage, Intervale Rd from Carter's Farm to Rumford Town Line at 7:14, East Bethel Road to Locke Mills 7:28, TMS 7:33 CPS 7:40.	BETHEL/ GREENWOOD Bus 10 - Run starts 6:36 a.m. from Bus Garage, Route 26, Gore Rd. 6:37, McCrillis Brook Rd., Gore Rd. 6:47, Route 232, turning at Buck's 7:05, Rumford Ave., WES 7:13, Rt. 26, TMS/TMS 7:30, CPS 7:40. *Woodstock and CPS Elementary students will ride this bus. Bus 14 - Run starts 6:15 a.m. from Woodstock School, Rowe Hill, Twitchell Pond, to Greenwood Rd.	NEWRY Bus 5 - run starts 6:30 a.m. from Bus Garage, Branch Rd. 6:53, Lone Pine Rd. 7:09, Rt.2 as far as Sunday River Rd, Cross St at 7:16, Bailey Rd 7:25, TMS at 7:30, CPS at 7:36.
LATE RUNS The late run start time will vary throughout the school year.	WOODSTOCK 5:00 p.m. Departure from Telstar, Rt. 26 north to Intervale Rd, to East Bethel Rd, to Rt 26 south, to Old County Rd, to West Paris Village, to Rt. 26 North, to Woodstock School.	BETHEL 5:00 p.m. Departure from Telstar, Main St. to Church St, to Rt. 2 North to Flat Rd, to Rt. 2 to Hanover Town Office, Return To Bethel.

Sponsored By:

BETHEL FOODLINER
72 MAIN STREET, BETHEL
(207) 824-2121

Wishing all of our students a great school year!

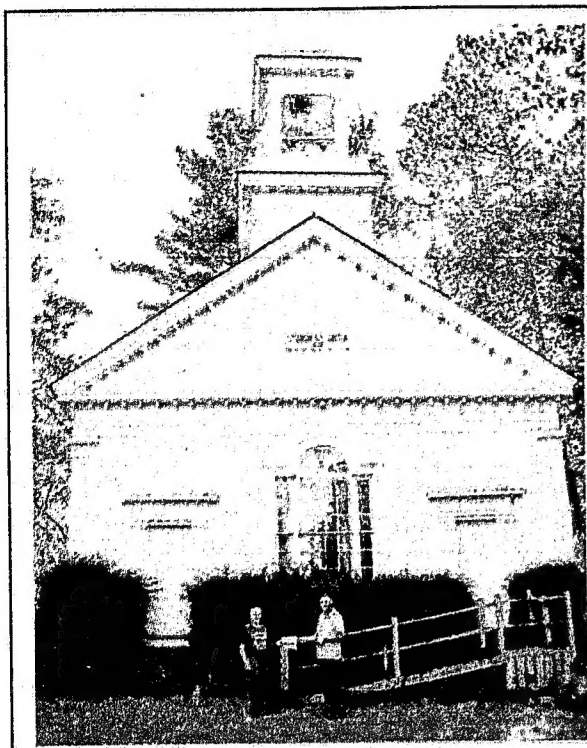
ANDOVER SCHOOL DEPARTMENT BUS SCHEDULES

First Day Tuesday, Sept. 1

JR Yates: Start time 6:30 from town to East Andover Road, Farmers Hill Road, East Andover to CPS 7:35, Telstar 7:40.

Sharon Hutchins: Start time 6:20 at AES, Upton Road, North Andover, Sawyer Notch, Red Hen at 6:45, to Telstar 7:25, CPS 7:35.

Brenda Bailey: Start Time 6:33 from AES to Covered Bridge Road, East Andover Road, South Arm Road, North Main Street, Sawyer Notch Road, Cross Road to Upton Road, Pine Street, South Main Street, AES 7:45.



Submitted photo

UU Church deed transferred to historical society

Woodstock Historical Society President Larry Bonney and Bryant Pond Universalist Church Treasurer Ed Howe are shown holding the deed to the Universalist Church in Bryant Pond. The Northern New England District of the Unitarian Universalist Church Association enquired late last year if the Historical Society would be interested in acquiring the 1852 church. Hoping to preserve one of Woodstock's historical buildings, the Society voted to accept the property.

Mollyockett chorus in concert



The Mollyockett Chorus will perform on Monday, Aug. 24 as part of the 2015 Poland Spring Preservation Society Summer Concert Series. The program begins at 7 p.m. in the All Souls Chapel in Poland Spring. Reading through Great Grandma's Diary, the chorus will sing ballads and popular tunes from the 1930s through the 1990s. Under the direction of Susan Leunig, the chorus includes the following members from Bethel, Rumford, Waterford, Lovell, Norway, South Paris, Oxford, Hebron, Bridgton, and Naples: Deborah Andrews, Cheryl Barker, Andrea Bennett, Merry Childs, Janet Coverdale, Joan Erier, Jolan Ippolito, Deborah Luxton, Nancy McNulty, Debra Nichols, Linda Reid and Jan Ward. The chorus will welcome back several former members who will perform many of their favorite songs in the show. Alda Reynolds, Rose Fredericks, Michelle Cooper, Nettie Daniels and Mimi Wetzel bring wonderful voices to the show. The Mollyockett Chorus is a Region 1 Chapter of the Sweet Adelines International. They have been singing barbershop harmony since 1996. Barbershop harmony is a musical style sung without accompaniment by bass, baritone, lead, and tenor voices. The chorus rehearses on Tuesdays, 8:30 – 9 p.m. at the Church of Jesus Christ of Latter Day Saints on the Skeetfield Road in Oxford. New members are always welcomed. For more information about the call 207-364-4102 or visit their website, www.mollyockettchorus.org.

Submitted photo

Rotary honors Nivuses



At a recent Bethel Rotary Club social, the club presented Dave and Heather Nivus of Bethel with the highest Rotary honor - a Paul Harris Fellow for each of them. They are shown here with President Kevin Finley. "We are honoring them for their incredible service to Rotary and our community," said Rotarian Robin Zinchuk.

Submitted photo

Is your youngster due for a sports physical exam?

Swift River Family Medicine
in Rumford and Elmore
Dixfield Family Medicine in
Dixfield will offer sports
physicals.

Swift River Family Medicine
369-0146

Elmore Dixfield Family Medicine
562-4226



From left to right: LakeSmart awardees Colin Campbell, Susan Pundt, and Nancy Willard, Technical Chair, Jim Chandler, and awardees Harriet Langley, Glen Langley and Rose Mary McLean.

Pat Stewart

Six CLA members receive awards

At the Aug. 8 Annual Meeting of the Community Lakes Association, six area residents received LakeSmart Awards. Jim Chandler, Technical Chair for the Association and certified Lakesmart evaluator, presented the awards to Colin Campbell, Susan Pundt, Nancy Willard, Harriet and Glen Langley and Rose Mary McLean. All the awardees own property on Lake Christopher.

LakeSmart assessments look at how well a shore-front property owner protects against environmental dangers like runoff and pollution. The assessments are free and voluntary. Any property owner can sign up for a free assessment by contacting a Community Lakes Association Officer or Jim Chandler. For more information check the CLA website (www.communitylakes.org) or Facebook page.

CLA members, many wearing colorful organization Tee shirts, also elected a slate of officers to a two year term: President, Colin Campbell; Vice president, Glen Langley; Treasurer, Susan Pundt and Secretary, Lois Ruff. The more than 40 attendees also heard a report on the progress of the milfoil removal projects on Lake Christopher and Shagg pond and discussed a number of issues that affect water purity, environmental risks and other quality of life issues, including failure to clean boats of plant life, activity that threatens wildlife, such as fireworks and boats failing to observe no wake zones.

The Association plans to put up signs and develop a brochure to distribute to waterfront property owners.

Homeowners will be asked to post the brochure in rental properties alerting visitors to steps they can take to assure that all residents enjoy a happy and healthful stay on our beautiful ponds.

President Campbell also announced that the Association now enjoys 501(c)(3) tax status so that contributions to the Association are tax exempt. This is important as membership has more than doubled and the organization is benefiting from larger grants and contributions from individuals. The Towns of Woodstock and Greenwood and Spruce Mountain Wind also help support the environmental programs of the Association.

Membership in the Association is open to all. We welcome suggestions on how to better preserve the health and beauty of our ponds and waterfront resources.



Langlais horse and cow coming down Main Street Norway.

Two Bernard Langlais sculptures arrive safely to Norway pasture

In a decided rain on Tuesday July 11, Bernard Langlais' "Painted Horse" and "Painted Cow" traveled from Langlais' studio in Cushing to Roberts Farm Preserve in Norway. The two large wooden sculptures, completed in the mid-1970s are amongst the pieces that have been donated to the Western Foothills Land Trust by The Kohler Foundation, Colby College, and the estate of Bernard Langlais.

The large horse and cow which have received considerable attention from art conservators sponsored by the Kohler Foundation, are magnificent in scale and

seem right at home in their new location.

Six more outdoor sculptures - an owl, a cat, bird on a pier, bird houses, a huge bird in flight and one piece called 'Mrs. Noah' with birds on her arms and head - will be transported and installed throughout August and September. These tall pieces will be installed at Shepards Farm Family Preserve off Crockett Ridge Road, a 20-acre preserve with hiking and mountain bike trails. The undulant lay of the land will provide the perfect setting for outdoor sculptures.

Scott Berk, Diana Arcadi-pone and Mike Cooper helped

situate the sculptures; Pleasant Hill Properties prepared the footing beds for the art; and Rapid Ralph concrete poured the bases. The moving crew and conservators contracted with the Kohler Foundation these past three years did a magnificent job in the pouring rain with these two large mammals.

Having these pieces in Norway forever is an honor and we hope will support and stimulate healthy community and culture in western Maine. The Trust asks the community to respect all the Langlais works of art by not touching them just as if they were in an indoor museum.

Don't let the sun set on your next adventure!

White
Mountains
Community College

New Programs - Dual Admissions - 100% online opportunities

Apply today. Classes Begin August 31st!
Your time is NOW!

603-752-1113 wmcc@ccsnh.edu wmcc.edu

AUGUST 2015

MAHOOSUC KIDS

Enrichment opportunities for the children in SAD #44

From the Director

Every year we say, "Where did the summer go?" Well, I can't believe Summer Adventure 2015 is all wrapped up of another year! We had a great time with all of the kids and all the special events we did. Thanks to the parents for allowing us to spend time with your kids this summer. It was truly a pleasure. Thanks to the Bethel area community for supporting our program and welcoming us to area beaches and playgrounds.

We had the best staff in the world - they were very creative and fun to be around. I want to wish them the best of luck as they head back to college and school.

We were so happy to be able to offer swimming lessons for 50 area children this summer and thanks to our waterfront staff for keeping the water safe and fun for everyone.

As we begin the new school year, MKA will be starting our 15 year of providing quality enrichment programming for kids in SAD#44. All our programs will be open the first day of school, September 1st.

Enrollment forms can be found on our website or in the school offices.

Enjoy the rest of the summer vacation. See you soon!

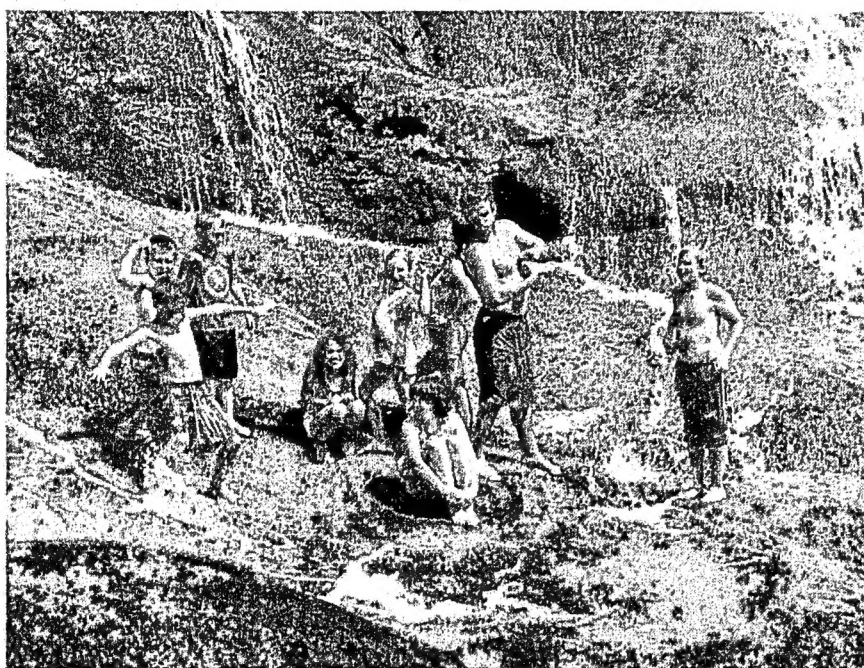
Julie Hart,
MKA Director



Group photo at the top of Cannon Mountain.



DJ Child enjoys a cool treat at the Sea Dogs game.



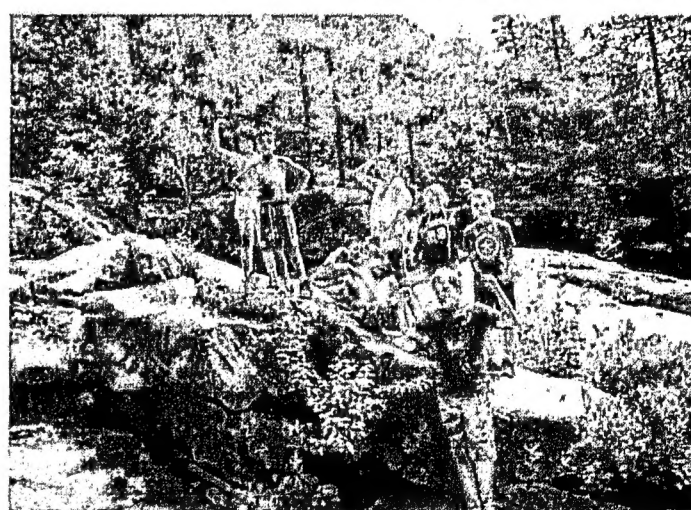
The Pioneers with their counselor, Zac Wheeler.



Mermaid Olive Candura.



Isabella DeVivo cools off at Step Falls.



The Pioneers on their last hike to Step Falls.



The Voyagers made gaki!



Wyatt, Gianna, and Brenna ride the tram at Cannon Mt.



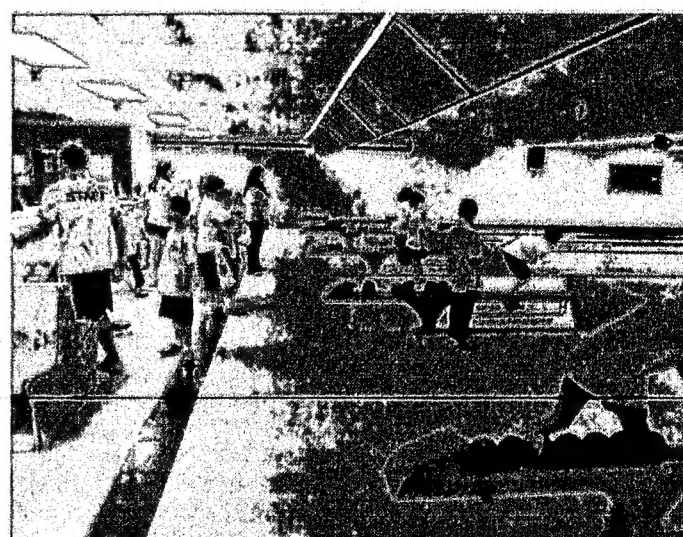
The campers play wiffle ball on the town common during Bodies in Motion.



Field trips wear us out!



The Explorers came to camp in their costumes to celebrate All Hallow's Eve.



The campers and staff enjoy bowling on their last field trip.

The following businesses proudly support the Mahoosuc Kids Association



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The Bethel Citizen

ads@bethelcitizen.com • news@bethelcitizen.com
824-2444 • Fax: 824-2426 • bethelcitizen.com



ICE CREAM 'til 9pm!
Gifford's Outdoor Series
the Hitching Post
156 W. Bethel Rd (formerly Inverness)

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Seasonal
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Good Food
STORE
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Great Heat and Eat Foods
Open Daily 9 - 8
U.S. Route 2, Bethel
824-3754

AUG 20

2015

REGULAR MEETINGS AND EVENTS

MUNICIPAL

Bethel Selectmen: Second Monday of the month, 7 p.m., Town Office.
Bethel Planning Board: Second and fourth Wednesdays of the month, 7 p.m., Town Office.
Bethel Water District: Third Tuesday of the month, 7 p.m., Town Office.
Gilead Selectmen: Second Wednesdays of the month, 6 p.m., Town Office.
Gilead Planning Board: First Thursdays of the month, 7 p.m., Town Office.
Greenwood Selectmen: First and third Tuesdays of the month, 5 p.m., Town Office.
Hanover Selectmen: Third Tuesday of the month, 6 p.m. unless otherwise posted.
Hanover Planning Board: First Wednesday, 6 p.m.
Newry Selectmen: First and third Tuesdays of the month, 5 p.m., Town Office.
Newry Planning Board: First and third Wednesdays of the month, 7 p.m., Town Office.
Woodstock Selectmen: First and third Tuesdays, 5 p.m., Town Office.
Woodstock Planning Board: First and third Tuesdays, 7 p.m., Town Office.
SAD 44 School Board: Second Monday of the month, 6:30 p.m., Telstar High School (occasionally meet at other schools; call 824-2185 for info).

ORGANIZATIONS

Andover
 Mondays and Tuesdays, 4:30 p.m.-Andover Fitness Club, Andover Elementary School gym.
Bethel
 First Sunday of month, 7 p.m. - Bethel Snow Twisters at 208 Walkers Mills Rd.
 Third Sunday of each month, 9 a.m. - Breakfast open to the public at no charge at Bethel Church of the Nazarene.
 First Wednesday, 6:30-8 p.m. - Lyme Disease Support & Education Group at Beacon House Peer Center, 3 Canal St. Rumford. FMI: 357-1926 or 824-3076.
 Third Wednesday, 6:30-8 p.m. - Lyme Disease Support & Education Group at Telstar High School Library. FMI: 357-1926 or 824-3076.
 Last Wednesday of the month, 4:30 to 6 p.m.- Community Supper at Bethel Alliance Church. No charge. FMI: 207-824-2289.
 Thursdays, 10 to 11 a.m. - Story Time for Children at Bethel Library (story plus craft) with participating mothers. October thru April. FMI: call 824-2520.
 Second Thursday of the month, 10:30 a.m. to 12:30 p.m.; fourth Thursday, 10 a.m. to 2 p.m. - Cross Country Quilters of Pine Tree Quilt Guild of Maine meet at the Alliance Church on Route 26 in Bethel. All quilters welcome. FMI: e-mail Pat McCartney at p_quilts@yahoo.com or call 836-3575.
Woodstock
 Second Saturday of month, 6 p.m. - Woodstock Historical Society meeting at the Museum.
West Paris
 Caregiver Support Group; Second Tuesday of the month, 10 to 11:30 a.m., West Paris Town Office, 26 Kingsbury Street. This group is for anyone caring for a family member or friend with memory loss. New members may join at any time. Free and open to the public. FMI: SeniorsPlus (1-800-427-1241).
Norway/Paris/West Paris
 Tuesdays 7:30 to 8:30 p.m.-West Paris Baptist Church group, to foster wellness for anyone searching for faith based support. The group is intended for those facing

the challenges of grief, loss, addiction, codependency, and abuse issues. Light refreshments will be provided.
 Third Wednesday of the month, Women's Imaging Center, Stephens Memorial Hospital, Norway, offering professional prosthetic and bra fittings for women on For appointment call 743-5993 Ext. 6851.

Second Thursday of the month, 9:30 to 11:30 a.m. at the Harper Conference Center, Ripley Medical Office Building, 193 Main Street, Norway. Staying on Your Feet, a free one-time course for adults aged 60 and over. Course includes balance screening, blood pressure check, leg-strength measurement, and education on staying fit.

Fridays 9:15 a.m. - Oxford Hills Duplicate Bridge, Norway. For more information, call Les Buzzell at 783-4153 or 754-9153; or e-mail: buzz116@myfairpoint.net.

Hebron
 Sundays 2:30 to 4:30 p.m.- Seasonal Public Skating, Robinson Arena, Hebron. Adults, \$3/Children 12 and under, \$2/WinterKids Passport holders, free. FMI: 966-2100.

SUPPORT SERVICES

SAFE Voices
 Safe Voices serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24 hour hotline 1-800-559-2927

REACH
 Rape Education and Crisis Hotline 1-800-871-7741. Sexual assault/sexual abuse hotline, same number. Support groups and awareness education, past or present victims of abuse.

AA Meetings/Addiction help
 Bethel Freedom Group. Open Discussion Meeting. Saturdays at 4:30 in the Snow Cap Inn conference room, next to the fitness room. Sunday River. Seasonal, Thanksgiving through April 1. Big Book Meeting Sundays at 6 p.m. at the United Methodist Church, Main Street. 12 Step/Traditions Meeting Tuesdays at 6pm at the United Methodist Church, Main Street. Candlelight Discussion Meeting Fridays at 6 p.m. at Bethel United Methodist Church, Main Street.

People in recovery from alcohol/drug addiction may need to move to a Next Step group. Open to everyone who feels they may benefit from a change. FMI: Laurence Austin at 824-4077 (calls confidential)

Cancer Wellness
 Support and Education for cancer patients, survivors and caregivers. Every Thursday, 1:30 to 3 p.m. Rumford Hospital, Room 357. (877) 336-7287. Call to confirm in stormy weather.

Exchanges/Pantries

Clothing Exchange
 Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4, Thursday 4 to 6, Saturday, 10 to 12. Donations of gently-used clothing only accepted during open hours. No exceptions. 824-4090. Clothing may also be dropped off at Northeast Bank on Main Street.

Food Pantry
 The Bethel Food Pantry serves residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton, and Woodstock.

The Food Pantry is open on the second Monday of each month from noon until 8 p.m. Anyone who needs food should come during those hours, without appointment. The Food Pantry is located in the basement of the Nazarene Church, 16 Church Street in Bethel by the side entrance on Park Street.

Help for the Homeless

Rumford Group Homes, Inc. operates three homeless shelters, a Maternity Group Home program for homeless pregnant and parenting youth ages 18-21 and Case Management services. Emergency shelter services include the South Paris Men's Shelter, the Norway Family Center for women and their children and the Rumford Family Center for homeless families. To make a referral or to request assistance, please call 743-6363 in the Norway area or 369-9439 in the Rumford area Monday through Friday from 9am-5pm. For more information about Rumford Group Homes, Inc., call 364-3551 or visit www.rumfordgrouphomes.org.

Mental illness

Beacon House Social Club, 150 Congress Street, Rumford, a drop-in social club for adults suffering with mental, emotional, or physical illness, provides support, relaxation, and socialization. Monday 1 to 5 p.m.; Tuesday 9 a.m. to 2 p.m.; Wednesday 9 a.m. to 8 p.m.; Wednesday 3 to 8 p.m.; Friday 2 to 7 p.m.; Saturday 11 a.m. to 4 p.m. Oxford County Mental Health Services, support for adults and children with mental illness, same location, second floor, open Monday-Friday 8 a.m. to 4 p.m. For more information, call 364-3549 or (800) 335-9999, or in off-hours 928-3222.

Veterans' Services

Maine Veterans Home, S. Paris, Veterans' Advocate visits first and third Wednesday each month, 9-12 noon (743-6300); Rumford 9 to 12 noon second Thursday at VA Clinic at 431 Franklin St. (369-3272). Maine Veterans' Services is located at 29 Westminster St., Lewiston (783-5306). (No visits in July)

Multiple services

Community Concepts provides Oxford County Head Start, childcare, free rides to Maine Care appointments, subsidized apartments (Bethel, Brownfield, Fryeburg, Norway, Rumford, South Paris), affordable home-ownership opportunities, homeless shelter and assistance with home heating or weatherizing. FMI: call (800) 866-5588 or visit www.community-concepts.org.

Alzheimer's Support

An Alzheimer's Support Group meets the 3rd Wednesday of every month from 6 to 7:30 p.m. at the Rumford Community Home located at 11 John F. Kennedy Lane. All are welcome. For more information call Sue Ellen Richardson, Social Service Director or Terry Drury, Residential Director at 364-7863.

Brain injury support

Brain Injury Support Group for individuals with brain injuries and their families. West Side Neuro-Rehab, 618 Main St., Lewiston. First Monday of the month, 6 to 8 p.m. FMI: Deb Hammer 795-6110.

Library hours

Andover Library: Tuesday, Wednesday, and Saturday 1 to 4:30 pm; Thursday 1 to 4:30 & 6 to 8 p.m. Tel: 392-4841

Bethel Library: Monday 9 to 1; Tuesday 1-5; Wednesday 1 to 8; Thursday & Friday 1 to 5 Saturday, 9 to 1. Story Hour Thursdays, 9 to 10 a.m., October to May, Tel: 824-2520.

Whitman Memorial: Library, Bryant Pond: Tel: 665-2505. Tuesday and Thursday, 1 to 5 p.m.

West Paris Library: West Paris: Monday 1:30 to 6; Wednesday 1:30 to 7; Friday 1:30 to 6; Saturday 10 to 2. Patty Makley, Librarian. Tel: 674-2004.

Gardner Roberts: Memorial Library, Hanover: Wednesday, 9 to 3; Thursday, 5 to 8; Saturday, 9 to noon.

Calendar items may be brought to the Citizen office, e-mailed to news@bethelcitizen.com or faxed 824-2426. Deadline is Monday at Noon.

Church Services

ALBANY

Congregational Church - Hunts Corner, 9:30 a.m. Sunday worship and Sunday School at 9 a.m.; Pastor Laird Bean. Bible Study 6:30 p.m. Thursdays at the home of Fernand Corriveau.

ANDOVER

First Congregational Church - Linda Couture, pastor. Sunday morning worship 10 to 11 a.m. followed by brunch. All welcome. FMI: 392-3761.

Calvary Bible Church - Sunday School 9:30 a.m.; Sunday Worship 10:45 a.m.; Wednesday Prayer Meeting 6:30 p.m. 1063 South Main St. 392-1121.

BETHEL

Bethel Alliance Church - 251 Walker's Mills Road, Rev. Kevin Bellinger, Senior Pastor and Nicholas Lutzo, Youth Pastor. Sundays: 9 a.m. Sunday School for adults, teens and children; 10 a.m. Worship Service (Nursery care and Children's Church are available); 4:30-6 p.m. Kidz Klub (4 yrs-5th grade). Thursdays: 5-7p.m. Middle and High School Youth Group. FMI: 207-824-2289.

Bethel Church of the Nazarene - 16 Church Street, Bethel. Sunday School, 9:30 (for all ages). Pastor Peter Carter. The third Sunday of every month at 9 a.m. breakfast open to the public, no charge. Morning Worship 10:30. Wednesday evening 6 p.m. Prayer and Bible Study. FMI, transportation or prayer please contact Elaine Carter 415-9136, or Juanita Korhonen 665-2528.

BETHEL

Bethel Episcopal House Church - Bethel House Church meets the third Sunday of each month at 4 p.m. The location will rotate among member homes and the Intervale Meeting House, and The Rev. Nancy Moore from Christ Episcopal, Norway, leads the service and Eucharist. All are invited. FMI contact Rosemary Laban at 850-766-1241 or Christ Episcopal Church at 207-743-6782.

Roman Catholic Church of the Holy Savior, Our Lady of the Snows - 285 Walkers Mills Road (Route 26). Fr. Gregory Dube may be reached at the parish office 364-4556. Saturday Mass, 6 p.m. Announcements. FMI: 824-2933.

West Parish Congregational - Church Street. Rev. Richard Bennett. Sundays: 10 a.m. worship and Sunday School Sept.-May. Tuesdays: 8 a.m., informal Prayer Group with coffee in the Chapel. All are welcome. First Wednesday of the month: 8 a.m., Mens' Breakfast Group. Entrance in rear of church. All events open to everyone. This is an open and affirming congregation. FMI: 824-2689.

United Methodist - 79 Main Street. Pastor Carol Stevens. Sunday worship service 9 a.m. FMI: 824-2027.

West Bethel Union - Morning worship and 9 a.m. Sunday School. FMI: 836-3533.

Pleasant Valley Bible - Pastor Dave Fraher. Sunday Services: Sunday School, 9 a.m.; Worship Service, 10 a.m. Ladies Bible study Tuesday, 2:30 p.m. Midweek Bible study and prayer, Wednesday 6 p.m. Awana Club Fridays 3:30 to 5 p.m. (Cubbies ages 3/4; Sparks Grades K-2; children may take bus from school). FMI: 836-2828. Visit us on our Facebook page.

Seventh Day Adventist Fellowship - Meets at the Nazarene Church on Saturdays, on Church Street in Bethel. Sabbath School 9:30 a.m.; Worship, 11 a.m. FMI: 357-7814.

EAST STONEHAM

Oxford County United Parish Churches in Stoneham and North Waterford - Services at 10 a.m. at the North Waterford Congregational Church (UCC), located on the Five Kezars Road, off Routes 35 & 37, opposite Melby's Market. (North Waterford and East Stoneham Congregational Churches will hold their joint services in the church on Route 5 in East Stoneham during May.) Services held at North Waterford through the winter months. Choir practice 9 a.m., followed by Bible Study at 9:15 a.m.

LOCKE'S MILLS

Locke Mills Union - Pastor Sondra Withey. Sunday Morning Service and Sunday School, 9 to 10 a.m. Choir practice at the church every Friday at 6:30 p.m. Everyone is welcome. 875-3355.

NEWRY

Newry Community Church - Pastor Matthew Jones. Service at 3:30 p.m. Sundays.

NORTH WATERFORD/STONEHAM

Oxford County United Parish (North Waterford and East Stoneham) - Summer services at 9 a.m. in the North Waterford Church on Route 35 across from Melby's Eatery. On July 20 a special-and casual-church service will be held on the Fairgrounds during the Waterford World's Fair, with shuttle service available on site. In September, services will return to the East Stoneham Church, Route 5, and the regular hour of 10. All are welcome.

NORWAY/PARIS

First Church of Christ, Scientist - Sunday service 10 a.m., Wednesday Testimony service 7:30 p.m. 5 Morrill Rd/Rt. 118 (catercorner to Norway Country Club), Norway. Call 207-890-9944 FMI or ride.

Trinity Lutheran Church - Route 117, South Paris. Pastor Nancy Moore. Sunday morning service 11 a.m. with coffee, refreshments and good fellowship.

North Paris Federation - Morse Hill Road, North Paris. Sunday Service 8 a.m. Singersperation third Sunday each month alternating with West Paris Baptist Church at 7 p.m. FMI: 689-8000.

Oxford Hills Friends (Quakers) - Sunday worship 9:30 a.m. at HOPE Ripley Center, High Street, South Paris across the park from the Post Office. FMI: call Ursula Brandon at 665-2880 or Sue Reilly at 966-2012

Christ Episcopal Church - 35 Paris St., Norway. Services Sunday at 9 a.m. and Wednesday at 9 a.m. Holy Eucharist. 743-6782; e-mail christch@megalink.net.

First Baptist Church of Paris - On the Common at the top of Paris Hill. 10:30 a.m. worship service. Sunday School at 9:30 a.m. Coffee hour follows the service. Fellowship lunch held the first Sunday of each month following worship. Pastor Ron Blake. FMI 743-2491.

St. Catherine's - Saturday 4 p.m. Vigile Mass; Sunday 8:30 a.m. Mass. FMI 743-2606.

Unitarian Universalist Church of Norway - 11 a.m. worship. (Sept. - June) Child care is provided. Religious education classes 11 a.m. to 12:15 p.m. FMI 743-2828.

GORHAM, N.H.

Assembly of God - Pastor Paul Levigen. Sunday School 9:30 a.m., Sunday service 10:30 a.m., Sunday evening service 7 p.m., Wednesday Bible Study 7 p.m., FMI: 603-466-2851.

Gorham Congregational Church - Sunday morning worship, 10 a.m. All welcome; free coffee. Communion is celebrated the first Sunday of each month. FMI: 603-466-2136.

OXFORD

'St. Mary's - Saturday 4 p.m. Vigile Mass. 276 King St. Oxford.

Our Lady of Ransom - Sunday 10:30 a.m. Mass.

RUMFORD

St. Barnabas Episcopal Church - Worship Service, 9:30 a.m. Special holidays will be announced. Stone church at the rotary. 364-2193.

Roman Catholic Church of the Holy Savior, St. Athanasius and St. John - 125 Main Ave. Monday Liturgy of the word 8 a.m., St. Athanasius and St. John's, Rumford; Tuesday Mass 6:30 p.m., St. Athanasius and St. John's, Rumford; Wednesday Liturgy of the word 8 a.m., St. Athanasius and St. John's, Rumford; Wednesday Mass 9 a.m., Our Lady of the Snows, Bethel; Thursday Mass 8 a.m., St. Athanasius and St. John's, Rumford; Friday Mass 8 a.m., St. Athanasius and St. John's, Rumford; Saturday Mass 4 p.m., St. Athanasius and St. John's, Rumford; Saturday Mass 6 p.m., Our Lady of the Snows, Bethel; Sunday Mass 9:30 a.m., St. Athanasius and St. John's, Rumford.

Praise Assembly of God - Pastor Justin Thacker. 89 Congress St. Adult and teen Sunday school 9 a.m. Sunday worship service at 10 a.m. and 6 p.m. Wednesday night Bible study 6:45 p.m. FMI: 364-3856.

RUMFORD POINT

Rumford Point Church - Sunday service, 8:30 a.m., followed by coffee and refreshments.

SUMNER

East Sumner Congregational - Linda Kimball, pastor. Sunday service, 9 a.m. 207-388-2610.

WEST PARIS

First Universalist Church - 208 Main St., W. Paris. 9 a.m. services September to June. FMI: Bob Clifford 674-3442.

West Paris Baptist - 15 Church St. Sunday Worship-9:45 a.m.; Sunday School- 11 a.m.; Word of Life Youth- 6 p.m. Word of Life Olympians (kids club)- 6 p.m. Wednesday, Ladies' Bible Study- Monday, 6:30 p.m. Food pantry for West Paris residents, first and third Tuesdays of month, 1-3 p.m. Pastor Scott Randolph, 376-6854.

Mission Congregational Church - Wallace Farnum, pastor. Sunday Worship 8:30 a.m.

WOODSTOCK

Bryant Pond Baptist - Pastor Matt Jones, Sundays: Sunday School 9:15 a.m.; Morning Worship 10:30 a.m.; Evening Service 6 p.m.; Mid-week Service Wednesdays, 6:30 p.m.

Woodstock Seventh Day Adventist - Pastor Greg Carlson 207-527-2551, Saturday: 9:20 a.m. Sabbath school, 11 a.m. worship service.

Pinhook Meeting House (Rt. 232, North Woodstock) - Hymn Sing, last Friday of each month, 7 p.m. All welcome.

Mahoosuc Mountain Friends - a worship group meeting in the unprogrammed tradition of Friends (Quakers) - Sundays, 9:30 a.m. at the Whitman Memorial Library, Bryant Pond. Newcomers welcome. FMI: 824-8669.

AUGUST 20

2015

COMMUNITY CALENDAR

District Exchange; Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4 p.m., Thursday 4 to 6 p.m., Saturday, 10 a.m. to 12 noon. Donations of gently-used clothing only accepted during open hours - No exceptions. FMI: 824-4090. Clothing may also be left at Northeast Bank, Main Street, Bethel Monday through Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday 9 a.m. to 5 p.m.; and Saturday 9 a.m. to 12 noon.

Bethel Area Food Pantry; serving the residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton and Woodstock. The Food Pantry is open on the second Monday of each month from noon to 8 p.m. Anyone in need of food should come during those hours, without appointment. The Food pantry is located in the basement of the Nazarene Church, 16 Church Street, Bethel, by the side entrance on Park Street.

Scribner's Sawmill and Homestead Tours; 1 to 4 p.m., first and third Saturdays of the month throughout the summer. A minimum \$5 donation per adult is requested. All funds are used for the continued restoration of the site. To schedule a group tour or school field trip, call Nancy Grigg (674-4459). To arrange for a private tour, call 583-6455.

Waterford Grange Craft/Yard Sales; Fridays and Saturdays, 9 a.m. to 2 p.m. throughout the summer, Waterford Grange 479, Route 35 next to the North Waterford Post Office.

Thursday, Aug. 20

Breau's Too Cruise Night; 5:30 to 7:30, Breau's Too parking lot, Bryant Pond. FMI: 665-2554.

Hobson's Choice; 7:30 p.m., Brick Church for the Performing Arts, Christian Hill Road, Lovell. An evening of jazz, blues, swing, country and rock 'n' roll. Tickets: \$10/adults, \$5/children 12 and under. FMI: 925-1500 or www.lovellbrickchurch.org.

Friday, Aug. 21

Concerts on the Common; 6 p.m., Andover Common. FMI: 392-1028.

Nite Owl 4; 9 p.m., Denmark Arts Center, 50 West Main Street, Denmark. Western Maine's only late night cabaret takes its final bow with an eclectic evening of entertainment that includes a solo cello performance by Brent Arnold, a short dance spectacle by Hio Ridge Dance, and a dramatic Emoji recital by DAC director Jamie Hook.

Saturday, Aug. 22

Yard Sale; 8 a.m. to noon, Christ Episcopal Church, 35 Paris Street, Norway. Hamburgers and hotdogs will be available from 11 a.m. to 1 p.m.

Learn About Life of the Honeybee; 11 a.m. to 2 p.m., Maine Wildlife Park, Route 26, Gray. Join the Cumberland County Beekeepers Association (CCBA), a local chapter of the Maine State Beekeeping Association (MSBA) to learn about the industrious life of the honeybee, its job as an important pollinator of fruits and vegetables, and the role of the beekeeper. Parts of a beehive, beekeeping equipment and a small observation hive will be on display, and several experienced beekeepers will be available to answer your questions.

Public Chicken Pie Supper; 4:30 to 6 p.m., VFW Post 9787, 58 Lower Main Street, South Paris. Adults/\$8, kids under 12/\$4. Sponsored by AmVets Post 777.

Public Supper; 5:30 to 6:30 p.m., West Bethel Union Church. Adults/\$8, Children 12 and under/\$3.

Waterford World's Fair Dance; 8 p.m. to midnight, Waterford World's Fairgrounds, 36 Green Road, Waterford. 21+. BYOB. \$10 per person. Music by Peter Allen and Hurricane Mountain. FMI: Lisa Scribner (890-7669).

Sunday, Aug. 23

Oxford County Dems BBQ Fundraiser; 4:30 p.m., UMaine 4-H Camp, Bryant Pond. Tickets: \$20. Reserve tickets at 875-2116 or info@oxforddems.org.

Monday, Aug. 24

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or http://meoc.maine.edu. Free and open to the public.

SeniorsPlus; 1 to 4 p.m., Fryeburg Library. Representatives will be on hand to answer any questions or concerns you may have about services and resources for older adults and adults with disabilities and their families. Free and open to the public. FMI/Appointments: 1-800-427-1241.

Meet the Andover Elementary School Team; 6 to 7 p.m., Andover Elementary School. Meet and greet the AES team. Light refreshments will be served.

SAD 44 School Board Meeting; 6:30 p.m., Telstar Library.

Aug. 25 and Sept. 13

Hunter Safety Bow Class; Aug. 25, 6 to 9 p.m. Sept. 13, 8 a.m. to 4:30 p.m., Telstar High School library. An archery education course will provide a student with a wealth of knowledge regarding equipment, proper hunting methods, responsibilities, and general safety. Most classes will have some outdoor exercises. Passage of a final exam is required. You must attend every day of the class in order to receive your certificate. Limit 25. \$10 per person. FMI/Sign-up: http://sad44.maineadulted.org/ or call 824-2136 ext. 1340.

Wednesday, Aug. 26

Community Supper (No Charge); 4:30 to 6 p.m., Bethel Alliance Church, 251 Walker's Mills Road (across from Telstar parking lot). Call 207-824-2289 for more information.

Thursday, Aug. 27

Fourth Thursday Poetry; 5:30 to 7 p.m., Rumford Library. Bring a poem, bring a friend! Light refreshments. Free and open to the public. FMI: 364-3661.

Saturday, Aug. 29

Build a Fairy House; 11 a.m. to 2 p.m., Maine Wildlife Park, Gray. Visitors will be able to meet and have their pictures taken with 'real' fairies; then 'make and take' home their very own small fairy house! FMI: www.mainewildlifepark.com.

Responsible Pet Care Open House; 1 to 4 p.m., 9 Swallow Road, South Paris. There will be a short program at 1pm to include a dedication, ribbon cutting, and unveiling of our Recognition Wall. After which we will feature a dog agility demonstration, tours of the building, and

Classic cars



Cruise Night at Breau's Too in Bryant Pond.

much more. FMI: 743-8679.

Sunday, Aug. 30

Dirigo Class of 2016 Car Show/Yard Sale; 8 a.m. to 2 p.m., Harlow Park, Dixfield. All proceeds to benefit Project Graduation 2016.

Tuesday, Sept. 1

Bethel Senior Citizens Luncheon Reservation Deadline; Reservations for the September luncheon must be received by this date. See Sept. 9 listing for further info.

Thursday, Sept. 3

Health Insurance Literacy Session; 1 to 2:30 p.m., Bethel Family Health Center, 32 Railroad Street, Bethel. Are you newly insured? Do you find health insurance terms such as co-pay, deductible and co-insurance to be confusing? The Maine Primary Care Association, with help from Community Health Options, is helping insured Mainers navigate their insurance to use it for their best health. The session is open to all, regardless of insurance carrier or insurance status. Resources and referral information will be available to take home. FMI: Jeb E. Murphy (621-0677 ext. 203 or jmurphy@mepca.org).

Friday, Sept. 4

Concerts on the Common; 6 p.m., Andover Common. FMI: 392-1028.

Sept. 10 and 17

First Aid and CPR; 6 to 10 p.m., Bethel Family Health Center with instructor Jeannine Thornton. CPR includes: adult, child and infant CPR, and obstructed airway. First Aid includes: burns, controlling bleeding, broken bones, poisoning, soft tissue, heat & cold exposure, and bandaging. You will receive 2 year certificates for both First Aid and CPR. Limit 6. \$50 per person. FMI/Sign-up: http://sad44.maineadulted.org/ or call 824-2136 ext. 1340.

Wednesday, Sept. 9

Bethel Senior Citizens Meeting/Luncheon; 11 a.m. (doors open at 10:45), Funky Red Barn, Bethel. Menu is prime rib or haddock. Reservations must be made before Sept 1 by calling Arlene Lowell at 824-2877 or Becky Keen at 890-5267 with your choice. Price of dinner is \$13.

Thursday, Sept. 10

Bethel Historical Society Annual Meeting; 6:30 p.m. potluck supper, followed by 7:30 p.m. meeting. During the meeting, which is also open to the general public, officers and trustees for 2015-2016 will be elected and the Noll Volunteer Service Award will be presented. Following the "official" ceremonies, folklorist and oral historian Jo Radner of Lovell will present "Yankee Ingenuity," a collection of stories of headstrong and resourceful people.

"Two Worlds: Scherenschnitte, Past and present" Opening Reception; 6:30 p.m., West Paris Library. This is a display of works by artist Clara Lamers, of a traditional folk art with many ethnic variations. FMI: 674-2004.

Monday, Sept. 14

College Transition Math Class Begins; Mondays and Wednesdays, 5:30 to 8:30 p.m., MSAD 44 Adult Education Learning Center. Instructor: Lois Ruff. This 12 week course helps prepare you for the Accuplacer test and for college math. Limit 8. \$60 per person. FMI/Sign-up: http://sad44.maineadulted.org/ or call 824-2136 ext. 1340.

Socrates Café; 6:30 to 8:30 p.m., Waterford Library. Are We Really The Masters Of Our Fate? Moderator: Jim Kearney. Light refreshments and coffee available. FMI call 583-6957.

Tuesday, Sept. 15

Look Good, Feel Better; 6 to 8 p.m., Stephens Memorial Hospital, 181 Main Street, Norway. What is the latest weapon available in the fight against cancer? For women participating in the Look Good, Feel Better program, the weapon of choice is a makeup brush. The program offers support for women experiencing appearance-related side effects of cancer treatment. During each free session - facilitated by licensed cosmetologists who volunteer their time - attendees receive instruction on makeup application and skin care, as well as suggestions for wearing wigs, scarves and other items. All attendees receive a complimentary makeup kit, and participants are never asked to buy anything. Pre-registration required. FMI: PattiAnn Douglas (744-6173).

Sept. 18 and 27

Hunter Safety Firearms Class; Sept. 18, 6 to 9 p.m. Sept. 27 8 a.m. to 4 p.m., Telstar Library. \$10 per person. Study includes proper operation and use of equipment, maps and compass; first aid and survival laws; and land-

owner relations and ethics. Participants must be 10 years old or older; those 10-12 years old must be accompanied by an adult. This is a Home Study course. Materials will be handed out and explained at the other class. Student must attend all classes. Limit 25. FMI/Registration: http://sad44.maineadulted.org/ or 824-2136 ext. 1340.

Saturday, Sept. 19

Rug-Hooking Demonstration; 10 a.m. to 12:30 p.m., Bethel Historical Society's Moses Mason House. Several local women will be demonstrating various rug-hooking techniques, and visitors will have the opportunity to give it a try. A small exhibit of hooked rugs from various periods will also be on view.

Illustrated Book Talk; 1:30 p.m., Bethel Historical Society's Moses Mason House. Author, antique dealer, and rug hooker Judith Burger-Gossart of Salisbury Cove will present an illustrated talk about her recently published book, Sadie's Winter Dream: Fishermen's Wives and Maine Sea Coast Mission Hooked Rugs, 1923-1938. The book, which will be available for purchase, recounts the story of how impoverished fishermen's wives on the coast of Maine had their lives transformed by Sea Coast Mission worker Alice Peasley, who taught them to make hooked rugs and then sold the rugs to aid these struggling families.

Thursday, Sept. 24

CPR Recertification; 6 to 9 p.m., Bethel Family Health Center with instructor Jeannine Thornton. Includes: adult, child, & infant CPR and obstructed airway. You must bring your current certificate. 2 year certificate. Limit 6. \$40 per person. FMI/Sign-up: http://sad44.maineadulted.org/ or call 824-2136 ext. 1340.

Wednesday, Sept. 30

Community Supper (No Charge); 4:30 to 6 p.m., Bethel Alliance Church, 251 Walker's Mills Road (across from Telstar parking lot). Call 207-824-2289 for more information.

Oct. 1 and 8

CPR Certification; 6 to 9 p.m., Bethel Family Health Center with instructor Jeannine Thornton. Adult, child, & infant CPR, and obstructed airway. 2 year certification. Limit 6. \$50 per person. FMI/Sign-up: http://sad44.maineadulted.org/ or call 824-2136 ext. 1340.

Saturday, Oct. 10

Sound of Music Sing Along; Waterford Library. This spectacular library fundraiser will start with brats, sauerkraut and a biergarten at 5 p.m. The movie on the lawn starts at 5:30 and moviegoers are encouraged to sing right along with the movie. Get out the lederhosen or dress as your favorite character because at intermission there will be a costume contest, a Julie Andrews lookalike contest, raffles, prizes and more.

Oct. 15 and 22

CPR and CPR Recertification for Healthcare Professionals; Bethel Family Health Center with instructor Jeannine Thornton. Includes: adult, child, & infant CPR, and obstructed airway. 2 year certification. For CPR Recertification, just attend Oct. 15. Limit 6. \$50 per person. FMI/Sign-up: http://sad44.maineadulted.org/ or call 824-2136 ext. 1340.

Tuesday, Nov. 10

Look Good, Feel Better; 6 to 8 p.m., Stephens Memorial Hospital, 181 Main Street, Norway. What is the latest weapon available in the fight against cancer? For women participating in the Look Good, Feel Better program, the weapon of choice is a makeup brush. The program offers support for women experiencing appearance-related side effects of cancer treatment. During each free session - facilitated by licensed cosmetologists who volunteer their time - attendees receive instruction on makeup application and skin care, as well as suggestions for wearing wigs, scarves and other items. All attendees receive a complimentary makeup kit, and participants are never asked to buy anything. Pre-registration required. FMI: PattiAnn Douglas (744-6173).

Did You Recently Get Married or Engaged?

Submit your wedding and engagement announcements to be published free of charge. Be sure to include a photo and a brief description of your event. Announcements are run on a space-available basis.



The Bethel Citizen
news@bethelcitizen.com • www.bethelcitizen.com
824-2444 • 1-800-922-6397 • Fax: 824-2426

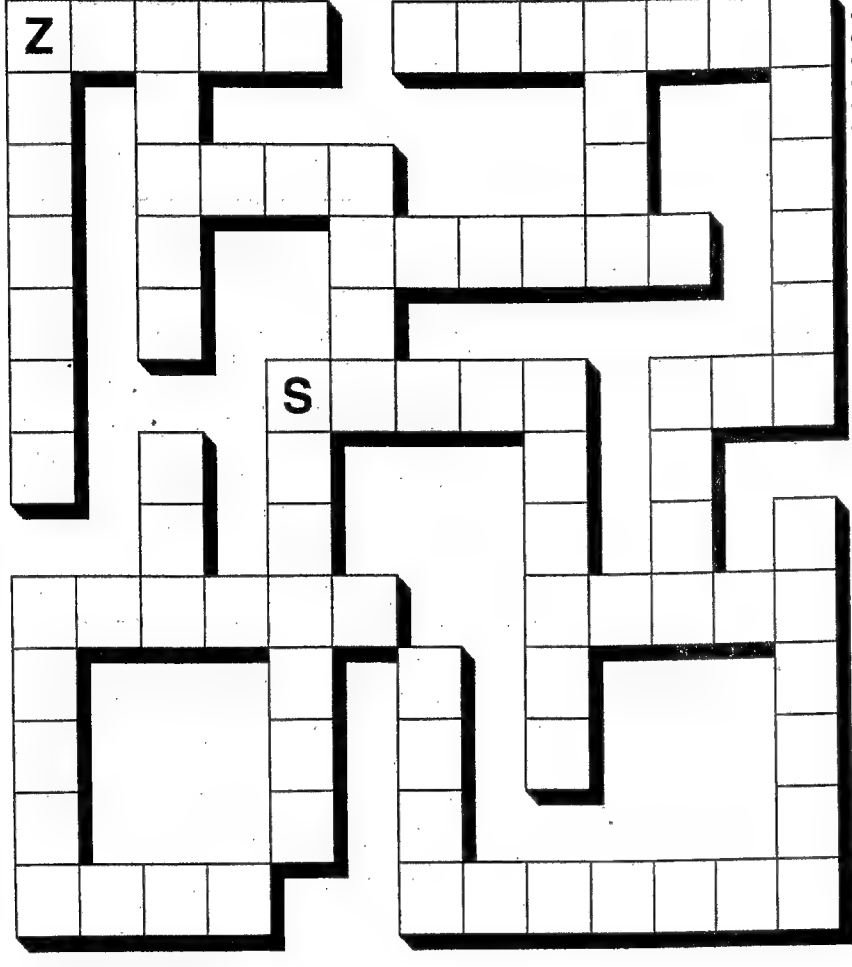
Puzzles4Kids

by Helene Hovanec

CRISSCROSS – BOYS' AND GIRLS' NAMES

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

- 3 Letters
BEN
JIM
- 4 Letters
BRAD
EMMA
LUKE
NATE
RICK
TRIP
- 5 Letters
ARDEN
LINDA
SARAH
TYLER
ZELDA
- 6 Letters
ANGELA
HORACE
MICKEY
NORMAN
TAMARA
- 7 Letters
GILLIAN
PHAEDRA
SABRINA
ZACHARY



HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



- Differences:
1. Picture is missing. 2. Skirt is different. 3. Card is different. 4. Neckline is different. 5. Card sign is missing. 6. Envelope is missing.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: W equals Y

PT WTI UETR ROW GOJ VXGTK
VXGIVZZW AKTUJ OCN TRE VKL?
CG NJJLN OJ RVEGJP GT AJ CE
GOJ XVNG.

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SCRAMBLERS

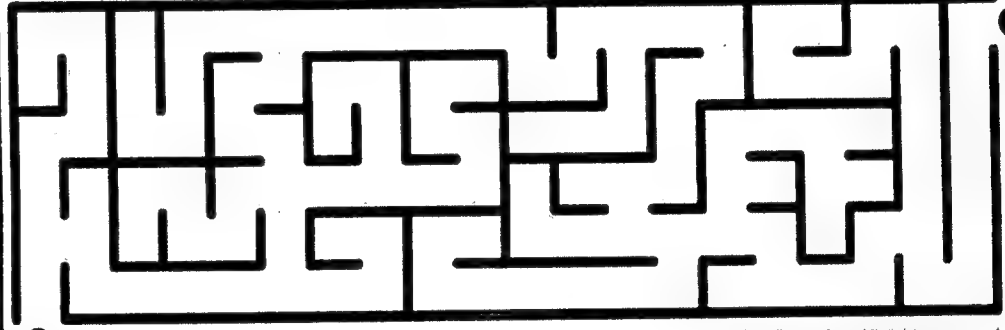
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Astute
STRAM
- Bother
MENTORT
- Item
MENTELE
- Look
SCHEAR

TODAY'S WORD



Kids' Maze

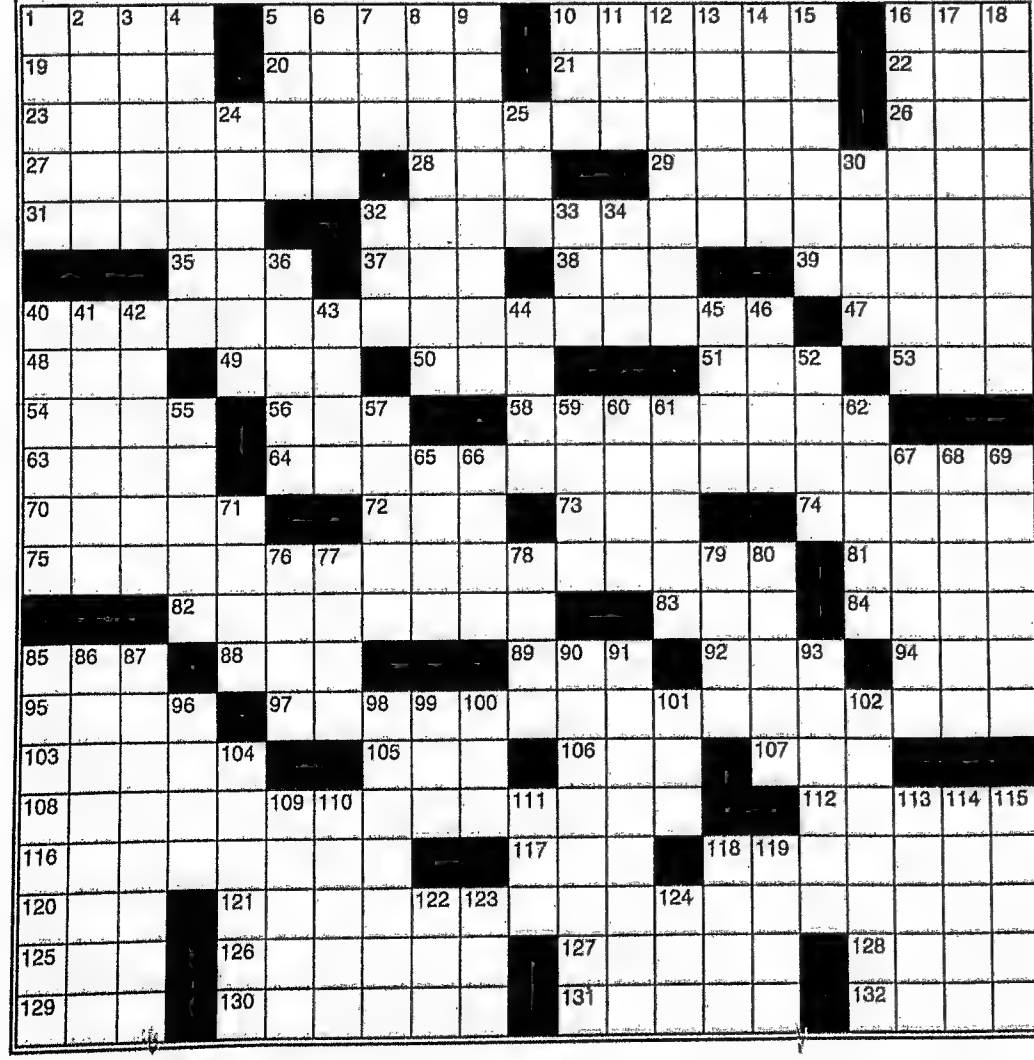


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Super Crossword

CITY FOLKS

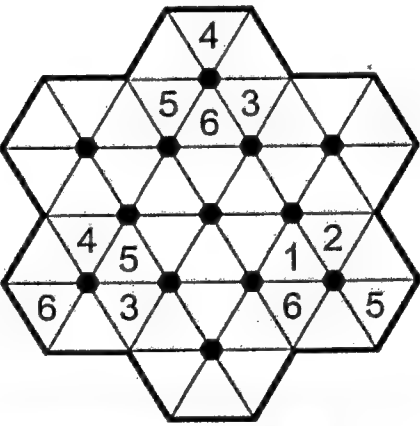
- ACROSS
1 "So sad"
5 Baby ovines
10 Talmud experts
16 CD followers
19 Sean of film
20 Flankled
21 Colored ring of the iris
22 Shar-
23 Naturalist from southern Louisiana?
26 "Fool to Care" (1961 hit)
27 Discard knowledge of
28 Sign of the zodiac
29 Ready for use, as a roll of film
31 Not at all lax
32 Actress from southern California?
35 Dispenser taking a PIN
37 Airport
38 H.S. science class
39 Pulitzer winner Allison
40 Hockey player from northern Indiana?
- 47 Häagen-
48 — de France
49 Prefix with tour
50 Bad grade
51 Yahoo! rival
53 The, to Henri
54 Arm.
56 Alias abbr.
58 Running-and-cycling event
63 Like a villain
64 Singer from northern Utah?
70 Fey and Brown
72 Soul's car make
73 "I" finisher
74 Lark
75 Painter from southern Minnesota?
81 Crux
82 Least fine
83 Roman
84 River to the North Sea
85 Rural tract
88 Jestling type
89 Old space station
92 World Series no.
94 Ditty syllable
95 13-digit ID in publishing
- 97 Actor from central Arkansas?
103 Golden
105 Metal source
106 Bear.
107 Austin-to-NYC dir.
108 Actress from western Wisconsin?
112 Low areas between hills
116 Interest
117 Honda
118 Rowing fulcrum
120 Morse click
121 Dancer from southern New York?
125 Immigrant's course: Abbr.
126 Dixie Chicks member
127 Get by logic
128 What "vidi" means
129 Hog hangout
130 Worth mentioning
131 Pod veggies, old-style
132 D.C. ball team
- DOWN
1 Top grade
2 Tilled, to
3 Brits
3 Often-twisted joint
4 Curl one's lip toward
5 Lion player
6 — end (over)
7 Sea, to Henri
8 Voted
9 Cheapest cruise option
10 '90s kids' exclamation
11 Coach
12 Composer
13 Put a — (adorn, as a wrapped gift)
14 Homeric epic
15 Summer shoe
16 Childbirth
17 Make girlish
18 50-foot woman, say
24 "— all just get along?"
25 Wall in grief
30 Israel's
32 Tokyo coin
33 "Honest" guy
34 Really tipsy
36 Parrot variety
40 Cuts of fish
41 Singer
42 Actress Leah
43 Oxen holder
44 Makeover
45 Madeline of funny films
46 Egg part
52 Chaney Sr. and Jr.
55 Mel of voices
57 Help desk invitation, maybe
59 Kin of Hindi
60 As sick as —
61 O'Neal with an Oscar
62 Chilly
65 Flooring unit
66 Crying bouts, e.g.
67 Balches of grain to be crushed
68 Prefix meaning "different"
69 Iranian capital
71 Put in a hold
76 Shovel's partner
77 First class for painters
78 "Look — now!"
79 "Are you hurt?" reply
80 Special area of demand
85 Greenish citrus drinks
86 Reality-avoiding sort
87 Suddenly
90 Very strong clutching power
91 Funny Barr
93 Arctic stretch
96 Considerate
98 Raptors' city
99 Uno and due
100 Escorted
101 Fortune's 500: Abbr.
102 Buys and sells
104 "Kapow!"
109 "Half — is better than none"
110 "Who can — to?"
111 Simian creature
113 Mucho
114 Conspicuous success
115 Shows biasedly
118 Low dice roll
119 Ranch unit
122 Trade for tal
123 Neckline shape
124 Friend — friend



SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ♦♦♦♦
♦ Easy ♦♦ Medium ♦♦♦♦ Difficult

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Weekly SUDOKU

by Linda Thistle

		8	2		3			1
1					5	2		
	4			6			3	
		6			2		9	
		9	8					5
8	7			3		6		
	5				1	8		4
7			9				6	
		1	8				2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

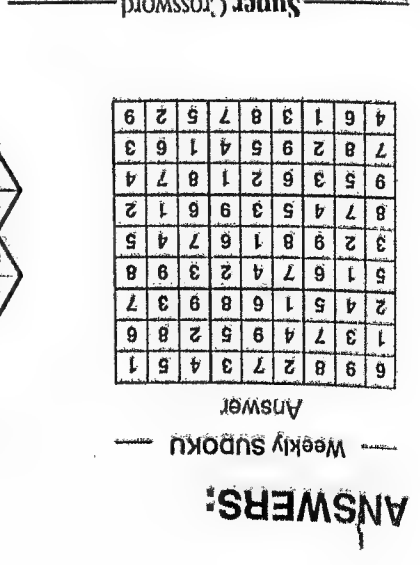
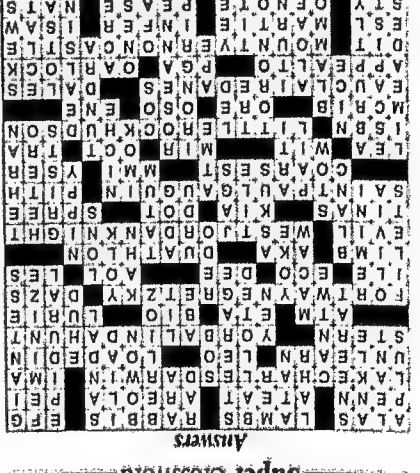
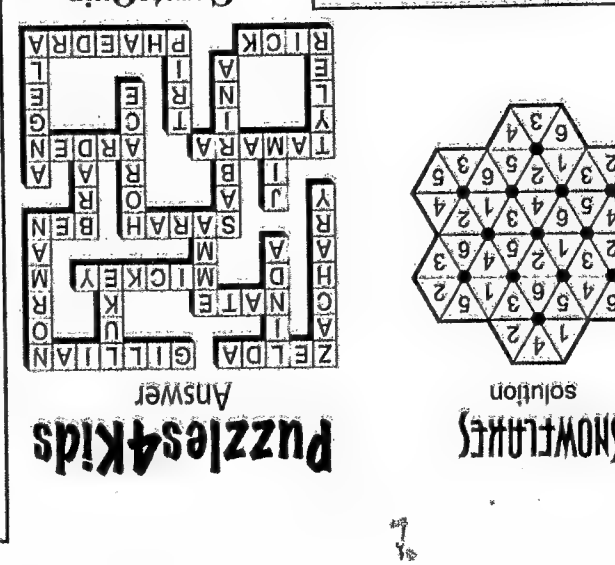
★ Moderate ★★ Challenging
★★★ HOO BOY!

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Kids' Maze Solution

STEREO
Today's Word
3. Element 4. Search
solution
SCRAMBLERS
1. Smart 2. Torment
Do you know why the actor actually broke his own arm?
answer
CryptoQuip
RICK
PHAEDRA
LINDA
SARAH
TYLER
ZELDA
ANGELA
HORACE
MICKEY
NORMAN
TAMARA
GILLIAN
SABRINA
ZACHARY



ANSWERS:
Weekly SUDOKU
Snowflakes

Denmark Arts Center upcoming events

Join us at the Denmark Arts Center at 50 West Main Street, Denmark, for the triumphant finale in our acclaimed "Films for Young and Old" series, with the Maine Premiere of this new Swedish film, "The 100 Year Old Man Who Climbed Out the Window and Disappeared," now the highest grossing film in Swedish history. The show is Sunday, Aug. 22 at 7:30 p.m., \$5 suggested donation.

Playing like a Scandinavian Forrest Gump (shot through with the spirit of Zelig), The 100 Year Old Man, traces the life of the title centenarian (AKA Allan Karlsson) through the ups and downs of the 20th century, where, it turns out, Karlsson played a pivotal role in more than a few moments of historical import. Based on

Jonas Jonasson's international bestseller of the same name, this droll, outrageous film is sure to bring a spring to even the most broken-down of elderly steps. Notable is the great Swedish comedian Robert Gustafsson, who shines in a role twice his age.

In English and Swedish with English subtitles.

Cloud Engineering
February, 1954: When a Portland, Me., Federal Court, working on behalf of the U.S. Food and Drug Administration, filed an injunction against Rangeley resident, Dr. Wilhelm Reich, it precipitated the final and most calamitous battle of Reich's checkered career—one from which the defendant would never recover, dying in jail in 1957 just 10 days shy of his parole.



"The 100 Year Old Man" at the Denmark Arts Center.

Submitted photo

The exceptionally curious story of Reich vs. the USA, and the strange case that led up to it, are the subject of this new theatrical work, co-commissioned by Complicated, Inc and the Denmark Arts Center, with the support of the Maine Humanities Council, the New England

Foundation for the Arts, and the New York State Council on the Arts.

Join us for a work-in-progress showing of "Rules to Follow in Cloud Engineering," a new theatrical work contextualizing Reich and his work—especially his late-stage Weather control

work—for the stage. Fresh from a two-week residency at the Berkeley Rep in California, and hot in pursuit of a Spring, 2016 premiere somewhere in New York City, Rules... presents music, imagery, and history in a staged reading that speaks of Reich's life, the history of Maine, and the intersection of the two here in the middle of the last century.

The show is Saturday, Aug. 22 at 7:30 p.m., \$12 suggested donation.

Niteowl #4
Western Maine's only late-night cabaret takes its final bow this Friday, Aug. 21, at 9 p.m. with an eclectic evening of entertainments that include a solo cello performance by long-time DAC collaborator Brent Arnold; a short dance spectacle by Hio Ridge Dance, and a dramatic

recital by DAC director Jamie Hook.

Mr. Arnold's cello has brought him to the attention of such personages as Louis CK (for whom he created music for the series "Louie"), Modest Mouse (for whom he contributed backing tracks), and LateLate Show musical host Reggie Watts (who recently featured him as a guest). Now, Brent brings his cello to Denmark for a brief concert of new compositions, featuring his signature looped, plucked, and unique style. Don't miss it.

Following Mr. Arnold's cello will be a showtune performance by Cookie and Delaney of Hio Ridge Dance, and a dramatic emoji recital by Jamie Hook, plus surprise guests! Come on down, BYOB, and see what happens!

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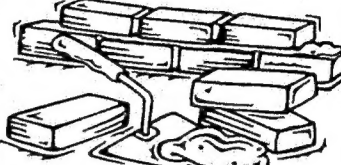
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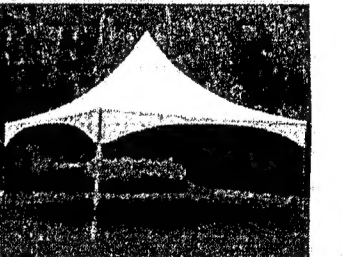
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AUGUST 2015

Bethel Family Health Center to host Health Insurance Literacy Sessions

On Thursday, Sept. 3, Bethel Family Health Center will host a Health Insurance Literacy Session from 1 to 2:30 p.m. The session is free and open to the public.

Are you newly insured? Do you find health insurance terms such as co-pay, deductible and co-insurance to be confusing? The Maine Primary Care Association, with help from Community Health Options, is helping insured Mainers navigate their insurance to use it for their best health.

With the implementation of the Affordable Care Act, more and more Americans are finding out for the first

time what it means to have quality, affordable insurance. Over 70,000 Mainers have enrolled in new plans through the Federal Marketplace to help them stay healthy, but many are unsure of what exactly all this insurance entails.

"It's almost a second language to learn," says Ashley Mills, Outreach Coordinator for the Maine Primary Care Association, "so it can be a challenge. We know that it's not only our responsibility to help people gain affordable insurance, but also to help them know how to use it in a way that keeps them healthy, happy, and well informed."

The session is open to all, regardless of insurance carrier or insurance status. Resources and referral information will be available to take home.

For further information, please contact Jeb E. Murphy by phone at (207) 621-0677 ext. 203 or by e-mail at jmurphy@mecca.org. Bethel Family Health Center is located at 32 Railroad Street in Bethel.

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Obituaries



AMY SCRIBNER

Amy S. Scribner, 82, of Oxford, died Thursday, Aug. 13, 2015 at Stephens Memorial Hospital in Norway, surrounded by family. She was born March 22, 1933 in Albany, the daughter of Archie and Ethel Mae (Gary) Cummings. She married Edwin Rugg Oct. 19, 1956; he died in 1987. She married Kendrick Scribner June 17, 1995; he died in 2012.

After graduating from Gould Academy, she moved to Norway, working at J.J. Newberry's. She later became a switchboard operator at Oxford County Tel & Tel., where she worked for many years. She also assisted her husband with the operation of Ruggs Handle Company in Oxford, where they built their home and lovingly raised their family, as well as caring for gardens and farm animals. She looked forward to ev-

ery day, guiding her family with quiet confidence and steadfast faith.

Mrs. Scribner is survived by her children, Dennis Rugg and wife Jan, Rebecca and husband Dan Mosley, Ramona and husband Doug Mitchell, Rowena and husband Leo Woodman, Roberta and husband Jeff Andrews and daughter-in-law, Gerri Rugg; step-daughter, Gilda Clark and family; 16 grandchildren; two great-grandchildren; sister-in-law, Elizabeth Cummings; sister, Alice Ziplow and devoted friend, Ken Footer of Lewiston. She was predeceased by her husbands; son, Douglas Rugg; twin brother, Roenell Cummings; sisters, Rowena Dunham, Betsy Wilson, Evelyn Baker and Lillian Sowersby and brothers, Benton Cash and Anson Cash.

Visiting hours will take place Friday, Aug. 21 from 6 to 8 p.m. at Oxford Hills Funeral Services, 1037 Main Street in Oxford. A funeral service will be held Saturday, Aug. 22 at 1 p.m. at the Albany Congregational Church. Interment will be in the York Cemetery, located in her beloved Albany. In lieu of flowers, donations to the Albany Congregational Church would be appreciated. Arrangements by Oxford Hills Funeral Services, Oxford.

Final class reunion



Submitted photo

Sylvia Harrington and Rosabelle Tift, Bethel, were among 19 classmates attending the 65th and final class reunion of Stephens High School, Class of 1950. The reunion was held at the 49 Franklin Reception Hall in Rumford. Seated (from left): Avis Child Orino, Barbara Brown DeSalle, Sylvia Schwind Harrington and Rosabelle MacDonald Tift. Standing, first row (from left): Louis Bernard, Margaret LeVasseur Deane, Bernard Poirier, Noella Cayer Taylor, Margaret Godish Martineau, Norman Robichaud, William Mace Jr., and Richard G. Austin. Top row (from left): Santi DeMascio, Marion Farrar Cooper, Warren Stearns, Doug Morton, Alan Philbrick, Robert Rubino and Steve Morrison.

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Bethel Senior Citizens news

The Bethel Senior Citizens Club met Aug. 12 at the Stony Brook Campground for their meeting and their picnic with 33 members present. President Fran Lead conducted the meeting, led the salute to the flag and offered a prayer. "God Bless America" was also sung.

The raffle was won by Florence Merrill.

The next meeting will be Sept. 9 at the Funky Red Barn. Doors open at 10:45 and meeting starts at 11 a.m. The menu is prime rib or

haddock. Reservations must be made before Sept. 1 by calling Arlene Lowell at 824-2877 or Becky Keen at 890-5287 with your choice. Price of dinner is \$13.

Plans were finalized for the trip Aug. 19, Mooselookmeguntic Lake. The bus will leave the Health Center at 8:30 a.m. sharp.

Ideas and plans were discussed for the foliage trip later this summer or fall. There were several suggestions for trips.

Thanks go to Bruce Powell and his helpers for cooking hamburgers and hot dogs. Much appreciated.

August birthdays: Judy Atkins, Dorothy Bartlett, Joan Cole, Arlene Lowell, Rosabelle Tift and John Winslow.

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Births

CROCKETT

Paige and Jarrod Crockett welcomed a baby boy, Foster Samuel Colt Crockett, into the world on Aug. 5, 2015. Foster weighed in at 8 pounds 7 ounces and 20 3/4 inches.

Paternal grandparents are Aline Dupont of Bethel and Gordon and Ann Crockett of Bethel. Maternal grandparents are Marcey and Thomas White of Prescott, Ariz.

Foster joins brother, Theodore (3), and sister, Jocelyn (1).

MURPHY

Scott and Sara Murphy of Summer are pleased to announce the arrival of a baby girl, Cordelia Pearl Murphy, born on July 27, 2015.

Grandparents are Tom and Germaine Murphy of Torrington, Conn.; Joan Crowley of Biddeford and Wayne Crowley of Sarasota, Fla.

Great-grandmother is Madeleine Boillard of Biddeford.

PARR

Susan Santucci-Parr and Andrew Parr of Owl's Head are pleased to announce the birth of a baby girl, Nyla Evelyn Parr, born on July 12, 2015 at 7:16 a.m. at Central Maine Medical Center, weighing 8 pounds 6 ounces and measuring 20 inches.

Grandparents include Lynne Stevens of Rockland, Randall Parr of Appleton, and Steven and Barbara Santucci of Yardley, Pa.

Nyla joins one sibling, Harrison.

SAVAGE

Catelynn Bennett and TJ Savage of Bethel are pleased to announce the arrival of a baby boy, Jaxson Ross Savage, born on July 17, 2015.

Grandparents are Ron and Cindy Savage and Mike and Courtney Bennett of Bethel.

Great-grandparents are Donny and Cheryl Bennett, Sandra Savage and Mary Lou Fiske of Bethel.

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If you see **ARLENE** on the 24th, wish her a **HAPPY 90TH BIRTHDAY!**

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Be sure to visit the Rumford Marden's for our **MDA Summer Camp fundraiser on Friday August 28th. Some of our management team has stepped up and agreed to be dunked in our dunk tank to support a great cause.**

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